

Best Practice I: Women's Empowerment

1. Title of the Practice: Women's Empowerment

2. Objectives of the Practice: (100 words)

History provides ample evidence of a prevalent gender bias in our society that exhibits the status of women as underprivileged as compared to men. Particularly, in a conventional patriarchal family structure, females are usually not allowed to participate in decision-making about various family issues. Considering this prevalent gender bias in our society regarding the allocation of various facilities and opportunities for self-development, our college organizes several awareness programs and activities to enlighten the students about their specific rights and opportunities to attain equitable status in all spheres of life.

3. The Context: (150 words)

The genesis of gender disparity lies in a patriarchal social setup and a corresponding belief in the superiority of male gender over female which results in a dumb acceptance of injustice against women in society. Women are often deprived of various opportunities like—attainment of education, health facilities, freedom of decision-making, and participation in social and political spheres of life. The objective of women empowerment initiatives is to inculcate among students gender sensitivity and moral responsibility for each citizen without any gender bias. It aims at providing equal allocation of the material, human and intellectual resources that allow women to achieve higher standards of living. I.G.N. College has constituted various cells like the Anti-Sexual Harassment Cell, Legal Literacy and Women Cell to ensure the safety and security of female staff members and female students and to preserve their rights of equality and personal liberty at the workplace.

4. The Practice: (400 words)

The college provides an indiscriminately and congenial environment for its employees and students conducive to their holistic development. The college administration is determining and prefers to create an atmosphere based on principles of equality and impartiality which is devoid of any gender bias and discrimination. The college organizes various programs through indifferent cells and committees to achieve the said objective. The NSS Unit of the college organized and initiated *Poshan Maah* for girls students on 30-09-2022. One hundred students participated in the program and were made aware and motivated to spread this awareness

among the masses, especially among the girls and women of rural areas and slums area in the town. A rally on Women Empowerment was organized by Women Cell on 08-12-2022 in the nearby village Bakali. 130 students participated in the event and made aware the rural masses. A Poster Making Competition was organized by Internal Complaint and Sexual Harrasment committee to sensitize students towards gender bias and discrimination. 36 students participated in this event.

5. Evidence of Success: (200 words)

Structured feedback from the students was taken at the end of the year about the above activities and programs conducted during the year. The outcome of the feedback is given as follows:

- More than 92 percent of students agreed that programs organized for the empowerment of women in the college increase the knowledge related to gender discrimination issues.
- More than 84 percent of students agreed that the program changed their thinking towards gender sensitization.
- More than 86 percent of students agreed that they became aware of the problems of women in society and the program organized by the women's development cell, and anti-sexual harassment cell provides solutions for the problems of women.
- More than 73 percent of students agreed that the information received through programs such as orientation programs, mentor mentees programs and awareness programs for women empowerment have been shared by participants among friends, family members and society.
- More than 86 percent of students agreed that the program on women empowerment and gender sensitization Initiatives needs to be organized regularly

6. Problems Encountered and Resources Required: (150 words).

The Teachers In charge of various programs encountered certain problems during the execution of these programs. One of the issues was to make the girl students believe in the successful execution of their rights, despite all their legal awareness, in a social setup still governed by the orthodox conventions of the patriarchal psyche. Some of the female students revealed that in their social setup, women are still not granted the right to exercise their freedom of thought and action to make important decisions for themselves and their families. Another problem was the dearth of financial resources. All positive efforts and enthusiastic participation of those concerned in charge of various activities are likely to fail in the absence of requisite financial support for the successful completion of such programs. The various cells of the college play a constructive role in the development of the institute provided they receive the requisite help to accomplish their objectives.

Best Practice II: Value inculcation and Environmental Protection Initiatives

1. Title of the Practice: Value Inculcation and Environmental Protection Initiatives

2. Objectives of the Practice (100 words):

The main objective of this best practice is to inculcate the values viz equality, brotherhood, patriotism, tolerance, respect for elders, non-violence, national integrity and universal fraternity among the students. This practice also enlightens the students about the importance of a clean and green environment in our lives. It guides them to play their relative role in making the environment safe. This best practice helps the students to be responsible human beings to create a healthy, hygienic and positive environment. Therefore, it is essential to inculcate social and ethical values among students to build a good society.

3. The Context: (150 words)

Value inculcation and Environmental Protection Initiatives are need of the hour in today's scenario. One of the major aspects of education is to impart human values for sustainable growth of humanity. We are living in an era of economic, industrial and technological growth. Therefore, it is essential for a balanced life to acquaint our young generation with environmental sustainability and ethical human values. We cannot overlook the continual degradation of human values as well as environmental concerns. In the present era of globalization, multicultural and multi-racial society, it is very important to prepare the youth to understand the importance and relevance of environmental preservation and ethical human values. Keeping in view the aforesaid concerns, HEI can play a pivotal role to sensitize the students to these important issues.

4. The Practice: (400 words)

In order to provide a congenial and constructive atmosphere for its employees and students conducive to their holistic development, the college prefers to create an environment based on principles of equality and impartial justice which is devoid of any gender bias and discrimination. The college organizes various programs to achieve this objective. *Chhabil* a community water service was organized by the college NSS unit aiming to inculcate human and ethical values among the students. The Independence Day Celebration was organized by the college NCC unit. Physical Education Department, Swami Vivekananda Youth Cell in collaboration with NCC Unit organized National Sports Day. The students were made aware of the value of good health and the positive role of sports in an individual's life. The *Hawan Ceremony* Was organized by college governing

body and college administration on the occasion of the beginning of the academic session 2022-23. Teachers Day was organized by the Green Environment Cell and Women Cell on the college premises on 06-09-2022. The program was focused on Teacher-Student bonding and made the students aware about the challenges in environment protection. To ensure patriotic values among the students, an Essay Writing on National Unity Day was organized on 30-10-2022. Constitution Day was observed and celebrated by College NSS Day on 26-11-2022. The objective of the program was to imbibe constitutional values among the students. NCC Day was observed by the College NCC Unit on 27-11-2022. Blood Donation Camp & Bhandara (Community Lunch) was organized by the Red Cross Cell, NC,C Unit and Red Ribbon Club on 30-11-2022. A seminar on Drug Addiction was organised by Red Cross Cell on 07-12-2022. An animal rights awareness drive was organized by the college NSS unit on 15-12-2022. National Youth Day was organized by Swami Vivekananda Youth Cell and NCC Unit on the occasion of Swami Vivekananda's birth anniversary on 12-01-2023. To imbibe the cultural values among the students and staff members *Lohri* celebration was organised by NCC Unit on 13-01-2023. Cleanliness Day was organized on the occasion of the death anniversary of Mahatma Gandhi on 30-01-2023. A visit to an Old Age Home was organised by the college NSS Unit on 24-03-2023. The aim of this visit was to sensitize youth towards the problems of senior citizens. *Jallian wala Bagh Massacre and dr. B. R. Ambedkar Jayanti* was observed and students were made aware of the important historical event of national importance and the role of Dr. B. R. Ambedkar in framing the Constitution of India. World Environment Day was observed by the Green Environment cell to spread awareness of environmental issues.

5. **Evidence of Success** (200 words):

Structured feedback from the students was taken at the end of the year about the above activities and programs conducted during the year. The outcome of the feedback is given as follows:

- More than 95 percent of students agreed that programs organized for the awareness of environmental protection in the college increased their knowledge related to environmental issues.
- More than 82 percent of students agreed that the cleanliness programs enhanced their awareness about cleanliness and hygiene.
- More than 82 percent students agreed that they became aware of the side effects and severity of drug abuse after attending the workshop on the theme of drug addiction.
- More than 91 percent of students agreed that the information received through program such as environmental protection, cleanliness and drug addiction, etc. have been shared by participants among friends, family members and society.
- More than 91 percent of students agreed that the programs organized on the personality and work s of the renowned national leaders of our country inspired and motivated them.
- More than 91 percent students agreed that the program on Value inculcation and Environmental Protection Initiatives needs to be organized regularly.

6. **Problems Encountered and Resources required** (150 words):

It was difficult to organize a number of planned programs for value inculcation and environmental protection initiatives due to financial constraints. College devotes much of its time and energy to sensitizing the students towards these important issues but the students are also influenced by the factors around their vicinity. Moreover, organizing these activities during the occupied academic schedule was a problem itself. It was also a challenge to involve a good number of students in some of these activities. As our college is a rural college, most of the students commute by public transport or on their own bicycles, sometimes they are not allowed by their parents to remain in the college after academic hours. There is a lack of awareness towards the harmful use of single-use plastic. Single-use plastic is easily available at low cost.