

Best Practice I: Women Empowerment

1. Title of the Practice: Women Empowerment

2. Objectives of the Practice: (100 words)

History provides ample evidence of a prevalent gender bias in our society that exhibits the status of women as underprivileged as compared to men. Particularly, in a conventional patriarchal family structure females are usually not allowed to participate in decision making about various family issues. Considering this prevalent gender bias in our society regarding the allocation of various facilities and opportunities for self development, our college organises a number of awareness programmes and activities to enlighten the students about their specific rights and opportunities to attain equitable status in all spheres of life.

3. The Context: (150 words)

The genesis of gender disparity lies in patriarchal social set up and a corresponding belief in the superiority of male gender over female which results in a dumb acceptance of injustice against women in society. Women are often deprived of availing various opportunities like—attainment of education, health facilities, freedom of decision making and participation in social and political spheres of life. The objective of women empowerment initiatives is to inculcate among students gender sensitivity and moral responsibility for each citizen without any gender bias. It aims at providing equal allocation of the material, human and intellectual resources which allow women to achieve higher standards of living. I.G.N. College has constituted various cells like Anti-Sexual Harassment Cell, Legal Literacy and Women Cell to ensure the safety and security of female staff members and girl students and to preserve their rights of equality and personal liberty at the work place.

4. The Practice: (400 words)

In order to provide a congenial and constructive atmosphere for its employees and students conducive to their holistic development, the college prefers to create an environment based on principles of equality and impartial justice which is devoid of any gender bias and discrimination. The college organises various programmes to achieve this objective. A welcome function for *Cycle Jagriti Yatra* was organized by Women Cell of the college on 18th Nov., 2021 in the Mini Hall of the college. The Cycle Yatra was led by ACP Mamta sauda who was accompanied by her 16 Police Cyclists. The main objective of this enterprise was to create awareness about the rights and safety of women. Women Cell of the college organized a Medical Health Check- up Camp and Corona Vaccination Camp for girl students on 16th Dec., 2021 in the Mini Hall of the college. 81 residents of Ladwa were given Corona vaccination during the camp. Health check- up of almost 100 girl students was done in the camp. RTPC test of 200 Girl Students was conducted. Dr. Anjali Vaid, SMO, Community Health Centre, Ladwa gave the girl students valuable healthcare tips. The Legal Literacy Cell and Anti Sexual Harassment Cell of the college organized an Awareness Workshop on “Legal Rights Awareness: Need of the Hour” on 15th Feb., 2022. Sh. Dushyant Chaudhary, Chief Judicial Magistrate-cum-Secretary, District Legal Services Authority, Kurukshetra, delivered an extension lecture on legal rights and

discussed the pros and cons of various acts viz. POSCO, Dowry Prohibition, Acid Attack, Domestic Violence PNDT and matrimonial disputes etc. He also shed light on the role and significance of DLSA in solving the problems as well as offering legal help to needy victims, women and senior citizens. 104 students participated in the workshop. Women Cell of the college organized a Medical Health Check- up Camp for girl students in the Mini Hall of the college on 2nd May, 2022 under the supervision of Medical and Paramedical staff of CHC, Ladwa. The facility for receiving Corona vaccination was also provided in the camp. 25 girl students received Corona vaccination during the camp.

5. Evidence of Success: (200 words)

After a thorough discussion about the relevance and advantages of the programmes related to health and hygiene, self defence and legal rights of women, it was observed by the conveners of various cells like Women Development Cell, Legal Literacy Cell and Anti Sexual Harassment Cell that the execution of such awareness programmes invested the girl students with a sense of self confidence and moral courage to face the challenges of life. It was observed that acquainting them with the knowledge of their legal rights and duties helped them enhance their morale and instilled in them a strong sense of self esteem. It was also observed by the female staff members that a considerable number of girls felt inspired and benefitted by the information about health and hygiene which they received through these programmes and enthusiastically adopted the requisite health measures suggested

6. Problems Encountered and Resources Required: (150 words).

The activity in charges of various programmes encountered certain problems during the execution of these programmes. One of the issues was to make the girl students believe in the successful execution of their rights, despite all their legal awareness, in a social setup still governed by the orthodox conventions of patriarchal psyche. Some of the girl students revealed that in their social setup women are still not granted the right of exercising their freedom of thought and action to take important decisions for themselves and their families. Another problem was the dearth of financial resources. All positive efforts and enthusiastic participation of concerned in-charges of various activities are likely to fail in the absence of requisite financial support for the successful completion of such programmes. The various cells of the college play a constructive role in the development of institute provided they receive the requisite help to accomplish their objectives.

Best Practice II: Value inculcation and Environmental Protection Initiatives

1. Title of the Practice: Value inculcation and Environmental Protection Initiatives

2. Objectives of the Practice (100 words):

The main objective of this best practice is to inculcate the values viz equality, brotherhood, patriotism, tolerance, respect for elders, non-violence, national integrity and universal fraternity among the students. This practice also enlightens the students about the importance of clean and green environment in our lives. It guides them to play their relative role in making the environment safe. This best practice helps the students to be responsible human beings to create healthy, hygienic and positive environment. Therefore, it is essential to inculcate social and ethical values among students to build a good society.

3. The Context: (150 words)

Value inculcation and Environmental Protection Initiatives are need of the hour in today's scenario. One of the major aspects of education is to impart human values for sustainable growth of humanity. We are living in an era of economic, industrial and technological growth. Therefore, it is essential for a balanced life to acquaint our young generation about the environmental sustainability and ethical human values. We cannot overlook the continual degradation of human values as well as environmental concerns. In the present era of globalization, multicultural and multi-racial society, it is very important to prepare the youth to understand the importance and relevance of environmental preservation and ethical human values. Keeping in view the aforesaid concerns, HEI can play a pivotal role to sensitize the students for these important issues.

4. The Practice: (400 words)

The College took the following initiatives during the session 2021-22 for Value inculcation and Environmental Protection.

- Van Mahotsav was organized in the college campus on 4th & 5th September, 2021. In this programme a huge number of saplings were planted by management, faculty members and the students.

- Say No to Single Use Plastic Awareness programme was organized by NSS Unit of the College at village Mathana on 25th Sep. 2021.
 - *Hawan Ceremony* was organized at the beginning of the academic session in the college premises on 09th Oct. 2021.
 - A Blood Donation camp was organized by the Red Cross Wing of the College on the occasion of Inauguration Day of the college on 30th Nov. 2021. The main objective of this camp was to make the young minds aware about their voluntary contribution of blood which may save or change the life of an unknown person.
 - World AIDS Day was observed in college on 1st Dec. 2021 to spread awareness among students and masses.
 - The college celebrated Swami Vivekanand Jayanti as National Youth Day in the college premises on 12th Jan. 2022. The students were motivated to take lessons from his life. A National level online quiz contest on National Youth Day was organized on this occasion.
 - To inculcate the values of valour and nationalism among the students, the college celebrated Neta Ji Subhash Chander Bose Birth Anniversary as *Parakram Divas* on 23rd Jan. 2022. A quiz contest was also organized on this occasion.
 - The college organized Hawan ceremony on 24th Jan. 2022 on the occasion of College Foundation Day.
 - Mangal Birth Anniversary was celebrated in the college on 08th April, 2022.
 - Jallianwala Baag Massacre and Birth Anniversary of Dr. B.R. Ambedkar were observed by NSS Volunteers on 13th April, 2022.
 - The College charges no fee for cycle parking from the students. It motivates the students to commute through bicycles and protect the environment.
 - Leaf collectors are installed in the college campus to keep the college campus neat and clean.
- All these activities are practiced to encourage the students to pursue social, moral and ethical values such as sincerity, devotion and nationalism in their life and to love, save and protect the environment.

5. Evidence of Success (200 words):

Structured feedback from the students was taken at the end of the year about the above activities and programs conducted during the year. The outcome of the feedback is given as follows:

- More than 94 percent students agreed that programs organized for the awareness of environmental protection in the college increased their knowledge related to environmental issues.
- More than 96 percent students agreed that the cleanliness programs enhanced their awareness about cleanliness and hygiene.
- More than 92 percent students agreed that they became aware about the side effects and severity of drug abuse after attending the workshop on the theme of drug addiction.
- More than 92 percent students agreed that the information received through program such as environmental protection, cleanliness and drug addiction etc. have been shared by participants among friends, family members and society.
- More than 92 percent students agreed that the programs organized on the personality and works of the renowned national leaders of our country inspired and motivated them.
- More than 90 percent students agreed that the program on Value inculcation and Environmental Protection Initiatives need to be organized regularly.

6. Problems Encountered and Resources required (150 words):

It was difficult to organize a number of planned programs for value inculcation and environmental protection initiatives due to financial constraints. College devotes much of its time and energy to sensitize the students towards these important issues but the students are also influenced by the factors around their vicinity. Moreover, organizing these activities during the occupied academic schedule was a problem itself. It was also a challenge to involve a good number of students in some of these activities. As our college is a rural college, most of the students commute through public transport or their own bicycles, sometime they are not allowed by their parents to remain in the college after academic hours. There is a lack of awareness towards the harmful use of single use plastic. Single use plastic is easily available at low cost.