

## **Best Practices 2017-18**

### **Best Practice I:**

#### **Title of the Practice: Organization of Blood donation camps every year since the inception of the Institution**

#### **Objectives of the Practice:**

- To acquaint the students with the advantages of blood donation for both the donor as well as the recipient.
- To clear away the doubts of students regarding the prevalent mythical views and misconceptions about blood donation.
- To motivate the students for voluntary non-remunerated blood donation.
- To highlight the importance of blood donation for healthy life.

#### **The Context:**

Life is valuable but saving that life is a noble act. Due to road accidents, military operations and other hazardous diseases, the demand of blood has been increasing day by day. It is the prerequisite during an emergent situation. But we all know that human blood has no substitute in the world. To meet the requirements, the only way is availability of blood donors. There are large numbers of blood donors who need to be encouraged to make generous blood donations for the fulfillment of blood requirements. A number of myths and misconceptions regarding blood donation are prevailing in the society, these can be addressed by creating awareness among students and the masses.

#### **The Practice:**

The college has made it a regular practice to organize a Blood Donation Camp annually to help those people who are in severe need of blood. The staff members, students of the college and people from the surrounding community give their enthusiastic participation in these blood donation camps. Apart from enhancing the understanding of students regarding the concept of the blood transfusion and the importance of voluntary blood donation, this

practice encourages the students to care for one another and promote community relationships among them. The college organized following activities during the year:

- A Blood Donation Camp was organized in the College Campus on 24-01-2018. 104 donors donated blood in the 20<sup>th</sup> Blood Donation Camp organized on the occasion of 44<sup>th</sup> College Foundation Day. Sh. Gurdial Singh Sunehari, Chairman Zila Parishad, Kurukshetra graced the occasion as Chief Guest. To encourage the blood donors, the college gave away mementoes and certificates.
- A Poster Making Competition and Slogan Writing Competition pertaining to the theme of Blood Donation were organized on 24-01-2018.

### **Evidence of Success:**

The overwhelming response of the blood donors and an enhanced sense of social responsibilities among the participants for the noble cause of blood donation appear to be an ample mark of success in this noble endeavour.

### **Problems Encountered:**

The fear, myths and misconceptions regarding blood donation among students and common people were big challenges in the way of the noble cause. Many students, especially girls wanted to donate blood but they were found anemic. The donors had psychological apprehensions about post donation weakness. These misbeliefs and misconceptions are needed to be overcome.

### **Resources required:**

The college has a regular mechanism to organize such blood donation camps. No major resources were required to organize Blood Donation Camp on the college campus. The college needs suitable venues and infrastructure to organize such blood donation camps in the community as an extension activity.

## **Best Practice II:**

### **Title of the Practice: Awareness among Youth about AIDS, Social Evils and Environmental Conservation**

#### **Objectives of the practice:**

- To spread awareness among the students about AIDS menace: causes and preventions
- To sensitize the students about social concerns such as drugs addictions, pollution and challenges of cleanliness in public spheres.
- To maintain a waste-free, pollution-free, healthy, and eco-friendly green campus
- To inculcate the environmental values among the students and the masses

#### **The Context:**

In addition to professional skills, human values play an important role in the holistic development of the students as well as society. Environmental sustainability is very important in the scenario of increasing environmental degradation. Man's blind race for materialistic accomplishments has resulted in a corresponding exploitation of natural resources which is very detrimental to the holistic development of human race on this planet, therefore the college considers it a prime responsibility to create awareness in society about the deteriorating environmental parameters and the requirement for adopting eco-friendly ways through promotion of environmental awareness.

#### **The Practice:**

The college trains its students through experiential learning of enriching the environment upgradation through eco-friendly practices. It also included Swachhta Campaign and Awareness drive to say no to single use plastic and polythene. We are committed towards creating an eco-friendly and sustainable campus. The NSS unit of the college organizes Awareness drives on water & electricity conservation and afforestation. The following events and campaigns were organized by the college to spread awareness about Environmental Conservation:

- **17.09. 2017 - A one day NSS Camp:** The volunteers contributed their labour by maintaining the trees and preservation the saplings,

- **3.10.2017: One Day NSS Camp:** The volunteers rehearsed their duties and also helped in maintaining the college premises single use plastic and polythene free.
- **Special 7 Days (Day&Night)Camp: 18.03.2018-24.03.2018**

19/03/2017	Village Dhanora	Rally on road safety Breaking the ice session for students, lecture on healthy living in modern lifestyle.
20/03/2017	Village Dhanora	The volunteers of the college contributed in spreading awareness through an awareness drive on water & electricity conservation by door-to-door visit. The volunteers were made aware about the value of water and electricity conservation and motivated to counsel people on these environmental issues.
21/03/2017	Village Dhanora	Awareness cum orientation session was organized for the students to inculcate environment conservation values among them. They were made aware about the role of afforestation in environmental preservation. Tree Plantation program was organized on this occasion in which 80 saplings were planted. The volunteers pledged to take care of not only these saplings but carry this determination throughout their life.
22/03/2017	Village Dhanora	The NSS volunteers organized an Awareness drive against polythene & single plastic use. They were encouraged to take care of the newly planted saplings by fencing & watering the saplings.

### **Evidence of Success**

The lush green campus settled and maintained by the college supports not only to save the environment, but also adds to the gorgeousness of the campus. The reports and photos related to the best practice have been uploaded on the college website.

**Problems Encountered:**

Extremely busy academic schedule was a challenge to organize these awareness programs and events. The coordination with external agencies is essential for the success of these ventures.

**Resources Required:**

The financial resources and social cooperation were always required to secure success in organizing these programs of social importance.