

**Scheme of Examination for Health and Physical Education**  
**From Session 2014-15 (B.A. 1<sup>st</sup> to 6<sup>th</sup> Semester)**

Semester	Theory Marks	Internal Assessment	Time	Practical Marks	Total	W.E. From Session	Exam to be Conducted
1 <sup>st</sup>	60	15	3 hours	--	75	2014-15	Dec. 2014
2 <sup>nd</sup>	60	15	3 hours	50	125	2014-15	May 2015
3 <sup>rd</sup>	60	15	3 hours	--	75	2015-16	Dec. 2015
4 <sup>th</sup>	60	15	3 hours	50	125	2015-16	May 2016
5 <sup>th</sup>	60	15	3 hours	--	75	2016-17	Dec. 2016
6 <sup>th</sup>	60	15	3 hours	50	125	2016-17	May 2017
<b>Total</b>	<b>360</b>	<b>90</b>		<b>150</b>	<b>600</b>		

The above New Scheme of examination was approved and will be implemented for **Health and Physical Education in B.A. in the following sessions:**

1<sup>st</sup> and 2<sup>nd</sup> Semester w.e.f. Session 2014-15

3<sup>rd</sup> and 4<sup>th</sup> Semester w.e.f. Session 2015-16

5<sup>th</sup> and 6<sup>th</sup> Semester w.e.f. Session 2016-17

**Note:** The students appearing in the 3<sup>rd</sup> Semester Exams in Dec. 2014, 4<sup>th</sup> Semester exams in April/May 2015, 5<sup>th</sup> Semester Exams in Dec. 2015 and 6<sup>th</sup> Semester exams in April/May 2016 **will follow the old scheme approved in 2013-14.** The practical examination of these students will be conducted with following pattern:

3<sup>rd</sup> and 4<sup>th</sup> Semester Practical will be conducted together in 4th semester (April/May 2015)

5<sup>th</sup> and 6<sup>th</sup> Semester Practical will be conducted together in 6th semester (April/May 2016)

**Work Load for teaching the Physical Education as an optional subject in B.A. will be as under:**

- **Six Periods per Week for each class (*Four theories and two practical*).**
- **Strength of students in practical class shall not exceed 25 students per group in any case.**
- **Keeping the view nature of practical and climatic conditions, it is recommended that all the practicals must be conducted before the theory exams in all even semesters.**

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -1<sup>st</sup> Semester (Health & Physical Education) (From Session 2014-15)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 Marks)**

#### **Unit - 1: Introduction to Physical Education-**

1. Meaning, definition and scope of Physical Education.
2. Relationship of Physical Education with General Education
3. Aim, Objectives and Importance of Physical Education in modern society.
4. Misconceptions regarding Physical Education

#### **Unit- II: Health & Hygiene**

1. Meaning, definition and importance of Health.
2. Factors influencing Health.
3. Meaning and importance of Personal Hygiene
4. Hygiene of various body parts and Factors influencing Personal Hygiene

#### **Unit- III: Introduction to Yoga**

1. Yoga - Meaning, Concept and Historical development
2. Types of Yoga
3. Importance of yoga in healthy living
4. Pranayam - Meaning, types and their benefits.

#### **Unit- IV: Introduction to Human Anatomy and Physiology**

1. Meaning and definition of Human Anatomy and Physiology
2. Importance of Human Anatomy and Physiology in Physical Education
3. Definition of Cell, Tissue, Organ and System
4. Structure and Properties of Cell

### **Text Books and References**

- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana,(2010).
- Sharma, V.K., “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Sharma, V.K., “ Yog Shiksha” Saraswati House Pvt.Ltd. Daryaganj, New Delhi (2011)
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000)
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press.New Delhi, (2003). .
- Iyengar, B.K.S. “Light on life” Oxford, Pan Macmillan Ltd. (2005).
- Iyengar, B.K.S. “The Tree of Yoga” New Delhi, Harper Collins. (2009).
- Verma, K.K., “Health & Physical Education” Parkash Brothers, Ludhiana.(2005).

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -2<sup>nd</sup> Semester (Health & Physical Education) (From Session 2014-15)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 Marks)**

#### **Unit – I Introduction to Health Education**

1. Definition, Aim, Objectives and Scope of Health Education.
2. Importance of Health Education in modern society
3. First Aid: Meaning, Aim, Objectives and General Principles of First Aid.
4. First Aid for Common injuries - Bleeding, Burns, Electric Shock, Drowning and Snake Bite

#### **Unit –II Historical Prospects of Physical Education**

1. Pre-independence and Post – independence historical development of Physical Education in India.
2. Role of IOA, SAI, NSNIS and YMCA in the development of Physical Education and Sports in India.
3. Sports Policy of Haryana State
4. National Sports Policy

#### **Unit II Introduction to Physical Fitness**

1. Meaning, definition and importance Physical Fitness
2. Components and Principles of Physical Fitness
3. Factors influencing of Physical Fitness.
4. Meaning of Isometric, Isotonic and Isokinetic exercises

#### **Unit IV Introduction to Human Anatomy and Physiology**

1. Anatomy of Human Bone
2. Types and Function of bones in Human Body
3. Meaning and types of joints in Human Body.
4. Types of synovial joints in Human Body

### **Text Books and References**

- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi.(2013).
- Kamlesh & Sangral,,” Methods in Physical Education” Parkash Brothers, Ludhiana(2000).
- Bucher Olsen and Willgoose; “The Foundation of Health” Prentice Hall inc.Englewood Fliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Loius (1961).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana,(2010).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000)
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press.New Delhi, (2003). .
- Verma, K.K., “Health & Physical Education” Parkash Brothers, Ludhiana.(2005).

**B.A. – 1<sup>st</sup> and 2<sup>nd</sup> Semester (Practical)**  
**(Health & Physical Education)**  
**(From Session 2014-15)**

**Maximum Marks- 50**

- |  |                      |
|--|----------------------|
| <b>1. Any one game</b><br>(With ground specifications, general rules and general skills)<br>1. kho - kho      2. Badminton      3. Cricket | <b>10 Marks</b>      |
| <b>2. Name and identification of bones in Human Body</b>   | <b>10 Marks</b>      |
| <b>3. Athletics:</b><br>Shot Put (Measurements & Basic Techniques)<br>Types of Starts - Crouch Start and standing starts (Basic Technique) | <b>(10+10) Marks</b> |
| <b>4. Viva – Voce and Practical File</b>   | <b>10 Marks</b>      |

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -3<sup>rd</sup> Semester (Health & Physical Education) (From Session 2015-16)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 marks)**

#### **Unit- 1 Concept of Safety Education**

1. Meaning, need and importance of Safety Education
2. Sports Injuries: Types and causes
3. Principles for prevention of sports Injuries.
4. General treatment for common sports injuries i.e Abrasion, Contusion, Sprain , Strain, Fracture and Dislocation of joints

#### **Unit –II Common Diseases**

1. Meaning of Communicable and Non – Communicable diseases
2. Modes of transmission, prevention and control of communicable diseases.
3. Common diseases: HIV/ AIDS, Hepatitis, Dengue, Typhoid, Malaria and Influenza.
4. Allergy related diseases: Asthma and Sinuses

#### **Unit – III Concept of Balanced Diet**

1. Balanced Diet: Meaning and importance
2. Components of balanced diet and their sources
3. Factors affecting balanced diet
4. Harmful effects of Junk Food

#### **Unit –IV Anatomy and Physiology of Body System**

1. Circulatory System: Structure of Heart
2. Functioning of Heart
3. Types of Circulation: Systemic and Pulmonary
4. Effects of exercise on Circulatory System.

### **Text Books and References:**

- Mathews D.K.& Fox D.K “The Physiological basis of Physical Education and Sprots,2<sup>nd</sup> .Philadelphia.K.B.Sanuders & Co.,(1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi.(2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000).
- Bucher Olsen and Willgoose “The Foundation of Health” Prentice Hall inc.Englewood Fliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Loius (1961).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press. New Delhi (2003). .
- Verma K.K., “Health & Physical Education” Parkash Brothers, Ludhiana (2005).



### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. - 4<sup>th</sup> Semester (Health & Physical Education) (From Session 2015-16)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 marks)**

#### **Unit-1 Warming Up and Cooling Down:**

1. Meaning, types and significance of warming up
2. Meaning, types and significance of cooling down.
3. Methods of warming up and cooling down.
4. Physiological aspects of warming up and cooling down

#### **Unit –II Psychological aspects of Physical Education:**

1. Meaning of Psychology and sports Psychology
2. Need and importance of sports psychology
3. Learning: meaning and laws
4. Learning curve

#### **Unit –III Major Sports Events**

1. Ancient Olympic Games
2. Modern Olympic Games
3. Asian Games
4. Common Wealth Games

#### **Unit - IV Anatomy and Physiology of Human Body System**

1. Structure of Respiratory Organs.
2. Physiology of respiratory System.
3. Effect of exercise on respiratory System
4. Terminology of respiration: Tidal Volume, Residual Volume and Total Lung Capacity.

### **Text Books and References**

- H.H. Clark & D.H. Clark: Development and adopted physical education, Englewood cliffs, New Jersey, Prentice Hall, 1987.
- Mathews D.K. & Fox D.K “The Physiological basis of Physical Education and Sprots, 2nd .Philadelphia. K .B. Sanuders & Co., (1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh, Ajmer et. Al.” Olympic Movement”Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana (2000).
- Mangal, S.K.,”Psychology for Physical Education” Parkash Brothers, Ludhiana (2008).
- Kamlesh & Sangral,” Methods in Physical Education” Parkash Brothers, Ludhiana (2007).
- Jensen Fisher:9 “Scientific Basis of Athletic Conditioning” Philadelphia, Lee and Febiger (1975).

**B.A. – 3<sup>rd</sup> and 4<sup>th</sup> Semester (Practical)**  
**(Health & Physical Education)**  
**(From Session 2015-16)**

**Maximum Marks- 50**

- 1. Measurement of Body Mass Index** **10 Marks**  
(Normal Range of B.M.I for Children, Women and Men)
- 2. Any one Game of the following:** **10 Marks**  
(With ground specifications, general rules and general skills)
  1. Basketball
  2. Foot ball
  3. Kabaddi
- 3. Athletics:** **(10 + 10) Marks**  
Discus throw and Long Jump  
(Specifications, general rules and general skills)
- 4. Viva – Voce and Practical File** **10 Marks**

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -5<sup>th</sup> Semester (Health & Physical Education) (From Session 2016-17)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 marks)**

#### **Unit -I Growth & Development**

1. Meaning and definition of Growth and Development
2. Stages of Growth and Development.
3. Principles and factors influencing growth and development
4. Age and sex difference in relation to physical activities and sports

#### **Unit – II Concept of Sports Organization and Administration**

1. Meaning and importance of organization and administration in Physical Education and Sports
2. Principles of sports organization and administration
3. Organization and administration of Intramural and Extramural activities
4. Tournaments and their types (League and Knock out )

#### **Unit – III Concept of Posture**

1. Meaning of posture and importance of good posture
2. Causes of poor posture
3. Symptoms and causes of Postural Deformities: Lordosis, Kyphosis, Scoliosis, Flat Feet, Knock Knee and Blow Legs.
4. Precautions and Remedies for postural deformities

#### **Unit-IV Anatomy and Physiology**

1. Gross Anatomy of muscle, Types of Muscles in human body
2. Effects of exercise on Muscular System
3. Composition of Human Blood
4. Functions of Blood

### **Text Books and References**

- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana. (2000).
- Bucher Olsen and Willgoose “The Foundation of Health” Prentice Hall inc.Englewood Cliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Louis (1961).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press. New Delhi (2003).
- Verma K.K., “Health & Physical Education” Parkash Brothers, Ludhiana (2005).
- Mathews D.K. & Fox D.K “The Physiological basis of Physical Education and Sports, 2nd .Philadelphia.K.B.Sanuders & Co., (1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -6<sup>th</sup> Semester (Health & Physical Education) (From Session 2016-17)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 marks)**

#### **Unit-1 Concept of Motivation and Socialization**

1. Meaning and definition of motivation.
2. Types of motivation and importance of motivation in sports.
3. Meaning of Socialization and Socialization through sports.
4. Effect of social behavior on performance of sports person.

#### **Unit- II Concept of Sports Training and Doping**

1. Meaning and definition of sports training
2. Factors affecting sports training
3. Types of sports training: Circuit training, Interval Training and Continuous Training
4. Doping: Meaning, types and its effects on health.

#### **Unit – III Concept of Sports Biomechanics**

1. Meaning and definition of sports biomechanics
2. Importance of Biomechanics in Sports
3. Newton's Laws of motion and their application in sports
4. Levers: Meaning, types and their application in Sports

#### **Unit – IV Anatomy and Physiology**

1. Organs of Digestive System
2. Structure of Digestive System
3. Mechanism of food digestion
4. Effects of exercise on Digestive System.

### **Text Books and References**

- Kamlesh & Sangral, "Principles & History of Physical Education", Parkash Brothers, Ludhiana. (2000).
- Dick F "Sports Training Principles" .London Lepus Book, (1980).
- Desch and Burk "knesiology and applied Anatomy", 2nd ed.lee and Febiger, (1963).
- Show D, "Kinesiology' Friends Publications, New Delhi, (2001).
- Singh Ajmer et.al. "Modern Text Book of Physical Education, Health and Sports", Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., "Anatomy and Physiology for Nurses"Oxford University Press. New Delhi (2003). .
- Verma K.K., "Health & Physical Education" Parkash Brothers, Ludhiana (2005).
  
- Mathews D.K. & Fox D.K "The Physiological basis of Physical Education and Sprots, 2nd .Philadelphia.K.B.Sanuders & Co., (1996).
- Sharma, V.K, "Health & Physical Education" Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. "An introduction to Health and Physical Education 21<sup>st</sup> century" Patiala (2008).
- Singh Ajmer et. al. "Olympic Movement" Kalyani Publishers, Ludhiana, (2000).

**B.A. – 5<sup>th</sup> and 6<sup>th</sup> Semester (Practical)**  
**(Health & Physical Education)**  
**(From Session 2016-17)**

**Maximum Marks- 50**

- |   |                 |
|---|-----------------|
| <b>1. Pranayam:</b>   | <b>10 Marks</b> |
| a) Bhramari    b) Anulom Vilom    c) Kapal Bhati  |                 |
| <b>2. Any one Game of the following</b>   | <b>10 Marks</b> |
| (Ground Specifications, General rules and General Skill)  |                 |
| a) Volleyball                      b) Hockey              c) Judo/Boxing/Wrestling/Self-defense tactics |                 |
| <b>3. Tying of different types of Bandages and Arm Slings.</b>  | <b>10 Marks</b> |
| <b>4. First Aid</b>   | <b>10 Marks</b> |
| (First aid for different injuries and circumstances, items of First aid box and their uses)             |                 |
| <b>5. Viva – Voce and Practical file</b>  | <b>10 Marks</b> |



## B.A.-IV Sem. Practical Exam 01-6-2018

### FORWARDING MEMO. FOR PRACTICAL AWARD LIST

The Memo must be filled in by the Examiners in Practical and forwarded

alongwith their award list and the attendance charts, so that the payment is not delayed

Centre of Examination I.G.N. COLLEGE, LADWA (KKR) Examiner's Serial Number given with the  
(In case the examiner is to conduct exam at more than one center, he may prepare and send to this office separate practical exam .....  
forwarding Memo's for each (Centre) .....

Name of examination : B.A. 4th Semester  
Subject: Health And Physical Education Practical... May/June 2018.....  
Date on which result submitted to the Assistant Registrar (Secrecy) Hand over to the Principal, I.G.N.C. Ladwa on 1/6/18  
Total No. of candidates examined = .....

Roll Nos. of candidates actually examined by the examiner:  
Date Session Roll No.  
1-6-18 (Morning & Evening) 5.330763, 6.331502, 514, 5.23, 553, 561, 5.63, 544, 5.68, 570 = 10  
6.331585, 5.86, 5.22, 5.25, 5.22, 5.24, 5.24, 5.26, 6.06, 6.12, 6.15, 6.17, 6.26, 6.38, 6.46, 6.47 = 15  
6.331649, 6.62, 6.63, 6.64, 6.67, 6.79, 6.84, 6.85, 6.93, 7.1, 7.02, 7.04, 7.05, 7.1A, 7.12 = 15  
6.331722, 7.40, 7.42, 7.54, 7.55, 7.62, 8.04, 8.09 = 08  
Total = 48

Roll Nos. of ABSENTEES:  
Date Session Roll No.  
1-6-2018 (Morning And Evening) 6.331553, 5.83, 5.91, 6.35, 6.60, 6.76, 6.85 = 07  
6.331714, 7.16, 7.68 = 03  
Total = 10

Candidates who were absent and have been shown as such against their Roll Nos. in the attached award list.

(Full Signatures of Examiner or Examiners, as the case may be)

Name and Full address DR. Mahabir Singh  
(in capital letters) ASSOCIATE PROFESSOR (PHYSICAL EDUCATION), P.G. COLLEGE, KARNAL

Dated : 1/6/18

Examiner's Serial No. as shown in the Programme Chart for Practical Exam .....

### KURUKSHETRA UNIVERSITY, KURUKSHETRA (Established by the state legislature act XII of 1956) B.A. II<sup>nd</sup> Year (IV<sup>th</sup> Semester) EXAMINATION, April, 2018

#### PRACTICAL ATTENDANCE CHART

Chart for Preparing list of each group for practicals in science and other subjects.  
Centre for Written Examination: Indira Gandhi National College, Ladwa, Kurukshetra  
Centre for Practical Examination: Indira Gandhi National College, Ladwa, Kurukshetra  
Subject: Health & Physical Education Date: 01-06-2018  
Group: I Time: 9:00 Onward

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
1	5330763	Love Rajat Singh	Love Rajat Singh
2	6331502	Ravinder Kalia	Ravinder Kalia
3	6331514	Rajesh Kumar	Rajesh Kumar
4	6331523	Surinder Kumar	Surinder Kumar
5	6331553	ABSENT	ABSENT
6	6331557	Ankit	Ankit
7	6331561	Ankit Kumar	Ankit Kumar
8	6331563	Rahul	Rahul
9	6331566	Rahul Saini	Rahul Saini
10	6331568	Rahul Kumar	Rahul Kumar
11	6331570	ANKIT	ANKIT
12	6331583	ABSENT	ABSENT
13	6331585	Ajay Kumar	Ajay Kumar
14	6331586	Ankit Kumar	Ankit Kumar
15	6331587	Sumit	Sumit
16	6331590	Umanishu Sharma	Umanishu Sharma
17	6331591	ABSENT	ABSENT
18	6331592	DEEPAK	DEEPAK
19	6331594	Shri Krishna	Shri Krishna
20	6331596	Kuldeep Singh	Kuldeep Singh
21	6331606	Amit Kumar	Amit Kumar
22	6331612	RAHUL	RAHUL

Total number of Candidates allotted by Principal 19

Total No. of Candidates examined by the Examiner 19

Total no. of Candidates absent in the Practical Examination 03 (Three)

Signature of Principal  
Indira Gandhi National College  
LADWA DIST. Kurukshetra

Signature of Practical Examiner  
Address Dr. Mahabir Singh, Pt. U.S. Govt  
P.G. College Karnal

Signature & Address of the co-examiner  
(if any) Dr. Kuldeep Singh  
I.G.N. College, Ladwa (Kurukshetra)

( To be sent to the Deputy/Asstt. Registrar (secrecy) along with award list in the confidential envelop (ES-(42)(5) )

KURUKSHETRA UNIVERSITY, KURUKSHETRA  
(Established by the state legislature act XII of 1956)  
B.A. II<sup>nd</sup> Year (IV<sup>th</sup> Semester) EXAMINATION, April, 2018

2/3

PRACTICAL ATTENDANCE CHART  
Chart for Preparing list of each group for practicals in science and other subjects.  
Centre for Written Examination: Indira Gandhi National College, Ladwa, Kurukshetra  
Centre for Practical Examination: Indira Gandhi National College, Ladwa, Kurukshetra  
Subject: Health & Physical Education Date: 1/6/2018  
Group: II Time: 9:00am Onward

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
23	6331615	Amit Kumar	Amit Kumar
24	6331617	Sandeep Kumar	Sandeep Kumar
25	6331626	Gopal	Gopal
26	6331635	ABSENT	ABSENT
27	6331638	Gaurav	Gaurav
28	6331646	Akshya	Akshya
29	6331647	Amit Kumar	Amit Kumar
30	6331649	Harvinder	Harvinder
31	6331660	ABSENT	ABSENT
32	6331662	Simpre	Simpre
33	6331663	Harvinder Singh	Harvinder Singh
34	6331666	Shubham	Shubham
35	6331667	Rashmi	Rashmi Saini
36	6331676	ABSENT	ABSENT
37	6331679	Gaurav Kumar	Gaurav Kumar
38	6331684	Subhash	Subhash
39	6331685	Anurag Saini	Anurag Saini
40	6331693	ABSENT	ABSENT
41	6331695	ABSENT	ABSENT
42	6331701	Raman Kumar	Raman Kumar
43	6331702	Raman Kumar	Raman Kumar
44	6331704	Harehdeep Singh	Harehdeep Singh

Total number of Candidates allotted by Principal

Total No. of Candidates examined by the the Examiner 18

Total no. of Candidates absent in the Practical Examination 04 (Four)

Signature of Principal  
Indira Gandhi National College  
LADWA Distt. Kurukshetra

Signature of Practical Examiner  
Address Dr. Mahalaxi Singh, P.C.S.  
Gand. P.G. College, Karnal

Signature & Address of the co-examiner  
(if any) Dr. Kuldeep Singh  
I.G.N. College, Ladwa(Kurukshetra)

( To be sent to the Deputy/Asstt. Registrar (secrecy) along with award list in the confidential envelop(ES-(42)(5) )

KURUKSHETRA UNIVERSITY, KURUKSHETRA  
(Established by the state legislature act XII of 1956)  
B.A. II<sup>nd</sup> Year (IV<sup>th</sup> Semester) EXAMINATION, April, 2018

3/3

PRACTICAL ATTENDANCE CHART  
Chart for Preparing list of each group for practicals in science and other subjects.  
Centre for Written Examination: Indira Gandhi National College, Ladwa, Kurukshetra  
Centre for Practical Examination: Indira Gandhi National College, Ladwa, Kurukshetra  
Subject: Health & Physical Education Date: 1/6/2018  
Group: II Time: 9:00 am onward

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
45	6331705	Ankush Kumar	Ankush Kumar
46	6331710	Sayan Kumar	Sayan Kumar
47	6331712	Jyoti Kumar	Jyoti Kumar
48	6331714	ABSENT	ABSENT
49	6331716	ABSENT	ABSENT
50	6331722	Rafal	Rafal
51	6331740	Ritu	Ritu
52	6331742	Nisha	Nisha
53	6331754	Renu Devi	Renu Devi
54	6331755	Preeti Devi	Preeti Devi
55	6331762	Priyanka	Priyanka
56	6331768	ABSENT	ABSENT
57	6331804	Maljeet Kaur	Maljeet Kaur
58	6331809	Kavita	Kavita
59			
60			
61			
62			
62			
64			
65			
66			

Total number of Candidates allotted by Principal 11

Total No. of Candidates examined by the the Examiner 11 Eleven

Total no. of Candidates absent in the Practical Examination 02 Two

Signature of Principal  
Indira Gandhi National College  
LADWA Distt. Kurukshetra

Signature of Practical Examiner  
Address Dr. Mahalaxi Singh, P.C.S.  
P.G. College, Karnal

Signature & Address of the co-examiner  
(if any) Dr. Kuldeep Singh  
I.G.N. College, Ladwa(Kurukshetra)

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