

**Scheme of Examination for Health and Physical Education**  
**From Session 2014-15 (B.A. 1<sup>st</sup> to 6<sup>th</sup> Semester)**

Semester	Theory Marks	Internal Assessment	Time	Practical Marks	Total	W.E. From Session	Exam to be Conducted
1 <sup>st</sup>	60	15	3 hours	--	75	2014-15	Dec. 2014
2 <sup>nd</sup>	60	15	3 hours	50	125	2014-15	May 2015
3 <sup>rd</sup>	60	15	3 hours	--	75	2015-16	Dec. 2015
4 <sup>th</sup>	60	15	3 hours	50	125	2015-16	May 2016
5 <sup>th</sup>	60	15	3 hours	--	75	2016-17	Dec. 2016
6 <sup>th</sup>	60	15	3 hours	50	125	2016-17	May 2017
<b>Total</b>	<b>360</b>	<b>90</b>		<b>150</b>	<b>600</b>		

The above New Scheme of examination was approved and will be implemented for **Health and Physical Education in B.A. in the following sessions:**

1<sup>st</sup> and 2<sup>nd</sup> Semester w.e.f. Session 2014-15

3<sup>rd</sup> and 4<sup>th</sup> Semester w.e.f. Session 2015-16

5<sup>th</sup> and 6<sup>th</sup> Semester w.e.f. Session 2016-17

**Note:** The students appearing in the 3<sup>rd</sup> Semester Exams in Dec. 2014, 4<sup>th</sup> Semester exams in April/May 2015, 5<sup>th</sup> Semester Exams in Dec. 2015 and 6<sup>th</sup> Semester exams in April/May 2016 **will follow the old scheme approved in 2013-14.** The practical examination of these students will be conducted with following pattern:

3<sup>rd</sup> and 4<sup>th</sup> Semester Practical will be conducted together in 4th semester (April/May 2015)

5<sup>th</sup> and 6<sup>th</sup> Semester Practical will be conducted together in 6th semester (April/May 2016)

**Work Load for teaching the Physical Education as an optional subject in B.A. will be as under:**

- **Six Periods per Week for each class (*Four theories and two practical*).**
- **Strength of students in practical class shall not exceed 25 students per group in any case.**
- **Keeping the view nature of practical and climatic conditions, it is recommended that all the practicals must be conducted before the theory exams in all even semesters.**

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -1<sup>st</sup> Semester (Health & Physical Education) (From Session 2014-15)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 Marks)**

#### **Unit - 1: Introduction to Physical Education-**

1. Meaning, definition and scope of Physical Education.
2. Relationship of Physical Education with General Education
3. Aim, Objectives and Importance of Physical Education in modern society.
4. Misconceptions regarding Physical Education

#### **Unit- II: Health & Hygiene**

1. Meaning, definition and importance of Health.
2. Factors influencing Health.
3. Meaning and importance of Personal Hygiene
4. Hygiene of various body parts and Factors influencing Personal Hygiene

#### **Unit- III: Introduction to Yoga**

1. Yoga - Meaning, Concept and Historical development
2. Types of Yoga
3. Importance of yoga in healthy living
4. Pranayam - Meaning, types and their benefits.

#### **Unit- IV: Introduction to Human Anatomy and Physiology**

1. Meaning and definition of Human Anatomy and Physiology
2. Importance of Human Anatomy and Physiology in Physical Education
3. Definition of Cell, Tissue, Organ and System
4. Structure and Properties of Cell

### **Text Books and References**

- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana,(2010).
- Sharma, V.K., “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Sharma, V.K., “ Yog Shiksha” Saraswati House Pvt.Ltd. Daryaganj, New Delhi (2011)
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000)
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press.New Delhi, (2003). .
- Iyengar, B.K.S. “Light on life” Oxford, Pan Macmillan Ltd. (2005).
- Iyengar, B.K.S. “The Tree of Yoga” New Delhi, Harper Collins. (2009).
- Verma, K.K., “Health & Physical Education” Parkash Brothers, Ludhiana.(2005).

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -2<sup>nd</sup> Semester (Health & Physical Education) (From Session 2014-15)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 Marks)**

#### **Unit – I Introduction to Health Education**

1. Definition, Aim, Objectives and Scope of Health Education.
2. Importance of Health Education in modern society
3. First Aid: Meaning, Aim, Objectives and General Principles of First Aid.
4. First Aid for Common injuries - Bleeding, Burns, Electric Shock, Drowning and Snake Bite

#### **Unit –II Historical Prospects of Physical Education**

1. Pre-independence and Post – independence historical development of Physical Education in India.
2. Role of IOA, SAI, NSNIS and YMCA in the development of Physical Education and Sports in India.
3. Sports Policy of Haryana State
4. National Sports Policy

#### **Unit II Introduction to Physical Fitness**

1. Meaning, definition and importance Physical Fitness
2. Components and Principles of Physical Fitness
3. Factors influencing of Physical Fitness.
4. Meaning of Isometric, Isotonic and Isokinetic exercises

#### **Unit IV Introduction to Human Anatomy and Physiology**

1. Anatomy of Human Bone
2. Types and Function of bones in Human Body
3. Meaning and types of joints in Human Body.
4. Types of synovial joints in Human Body

### **Text Books and References**

- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi.(2013).
- Kamlesh & Sangral,,” Methods in Physical Education” Parkash Brothers, Ludhiana(2000).
- Bucher Olsen and Willgoose; “The Foundation of Health” Prentice Hall inc.Englewood Fliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Loius (1961).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana,(2010).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000)
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press.New Delhi, (2003). .
- Verma, K.K., “Health & Physical Education” Parkash Brothers, Ludhiana.(2005).

**B.A. – 1<sup>st</sup> and 2<sup>nd</sup> Semester (Practical)**  
**(Health & Physical Education)**  
**(From Session 2014-15)**

**Maximum Marks- 50**

- |  |                      |
|--|----------------------|
| <b>1. Any one game</b><br>(With ground specifications, general rules and general skills)<br>1. kho - kho      2. Badminton      3. Cricket | <b>10 Marks</b>      |
| <b>2. Name and identification of bones in Human Body</b>   | <b>10 Marks</b>      |
| <b>3. Athletics:</b><br>Shot Put (Measurements & Basic Techniques)<br>Types of Starts - Crouch Start and standing starts (Basic Technique) | <b>(10+10) Marks</b> |
| <b>4. Viva – Voce and Practical File</b>   | <b>10 Marks</b>      |

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -3<sup>rd</sup> Semester (Health & Physical Education) (From Session 2015-16)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 marks)**

#### **Unit- 1 Concept of Safety Education**

1. Meaning, need and importance of Safety Education
2. Sports Injuries: Types and causes
3. Principles for prevention of sports Injuries.
4. General treatment for common sports injuries i.e Abrasion, Contusion, Sprain , Strain, Fracture and Dislocation of joints

#### **Unit –II Common Diseases**

1. Meaning of Communicable and Non – Communicable diseases
2. Modes of transmission, prevention and control of communicable diseases.
3. Common diseases: HIV/ AIDS, Hepatitis, Dengue, Typhoid, Malaria and Influenza.
4. Allergy related diseases: Asthma and Sinuses

#### **Unit – III Concept of Balanced Diet**

1. Balanced Diet: Meaning and importance
2. Components of balanced diet and their sources
3. Factors affecting balanced diet
4. Harmful effects of Junk Food

#### **Unit –IV Anatomy and Physiology of Body System**

1. Circulatory System: Structure of Heart
2. Functioning of Heart
3. Types of Circulation: Systemic and Pulmonary
4. Effects of exercise on Circulatory System.

### **Text Books and References:**

- Mathews D.K.& Fox D.K “The Physiological basis of Physical Education and Sprots,2<sup>nd</sup> .Philadelphia.K.B.Sanuders & Co.,(1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi.(2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000).
- Bucher Olsen and Willgoose “The Foundation of Health” Prentice Hall inc.Englewood Fliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Loius (1961).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press. New Delhi (2003). .
- Verma K.K., “Health & Physical Education” Parkash Brothers, Ludhiana (2005).



### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. - 4<sup>th</sup> Semester (Health & Physical Education) (From Session 2015-16)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 marks)**

#### **Unit-1 Warming Up and Cooling Down:**

1. Meaning, types and significance of warming up
2. Meaning, types and significance of cooling down.
3. Methods of warming up and cooling down.
4. Physiological aspects of warming up and cooling down

#### **Unit –II Psychological aspects of Physical Education:**

1. Meaning of Psychology and sports Psychology
2. Need and importance of sports psychology
3. Learning: meaning and laws
4. Learning curve

#### **Unit –III Major Sports Events**

1. Ancient Olympic Games
2. Modern Olympic Games
3. Asian Games
4. Common Wealth Games

#### **Unit - IV Anatomy and Physiology of Human Body System**

1. Structure of Respiratory Organs.
2. Physiology of respiratory System.
3. Effect of exercise on respiratory System
4. Terminology of respiration: Tidal Volume, Residual Volume and Total Lung Capacity.

### **Text Books and References**

- H.H. Clark & D.H. Clark: Development and adopted physical education, Englewood cliffs, New Jersey, Prentice Hall, 1987.
- Mathews D.K. & Fox D.K “The Physiological basis of Physical Education and Sprots, 2nd .Philadelphia. K .B. Sanuders & Co., (1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21<sup>st</sup> century” Patiala (2008).
- Singh, Ajmer et. Al.” Olympic Movement”Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana (2000).
- Mangal, S.K.,”Psychology for Physical Education” Parkash Brothers, Ludhiana (2008).
- Kamlesh & Sangral,” Methods in Physical Education” Parkash Brothers, Ludhiana (2007).
- Jensen Fisher:9 “Scientific Basis of Athletic Conditioning” Philadelphia, Lee and Febiger (1975).

**B.A. – 3<sup>rd</sup> and 4<sup>th</sup> Semester (Practical)**  
**(Health & Physical Education)**  
**(From Session 2015-16)**

**Maximum Marks- 50**

- 1. Measurement of Body Mass Index** **10 Marks**  
(Normal Range of B.M.I for Children, Women and Men)
- 2. Any one Game of the following:** **10 Marks**  
(With ground specifications, general rules and general skills)
  1. Basketball
  2. Foot ball
  3. Kabaddi
- 3. Athletics:** **(10 + 10) Marks**  
Discus throw and Long Jump  
(Specifications, general rules and general skills)
- 4. Viva – Voce and Practical File** **10 Marks**

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -5<sup>th</sup> Semester (Health & Physical Education) (From Session 2016-17)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 marks)**

#### **Unit -I Growth & Development**

1. Meaning and definition of Growth and Development
2. Stages of Growth and Development.
3. Principles and factors influencing growth and development
4. Age and sex difference in relation to physical activities and sports

#### **Unit – II Concept of Sports Organization and Administration**

1. Meaning and importance of organization and administration in Physical Education and Sports
2. Principles of sports organization and administration
3. Organization and administration of Intramural and Extramural activities
4. Tournaments and their types (League and Knock out )

#### **Unit – III Concept of Posture**

1. Meaning of posture and importance of good posture
2. Causes of poor posture
3. Symptoms and causes of Postural Deformities: Lordosis, Kyphosis, Scoliosis, Flat Feet, Knock Knee and Blow Legs.
4. Precautions and Remedies for postural deformities

#### **Unit-IV Anatomy and Physiology**

1. Gross Anatomy of muscle, Types of Muscles in human body
2. Effects of exercise on Muscular System
3. Composition of Human Blood
4. Functions of Blood

### **Text Books and References**

- Kamlesh & Sangral, "Principles & History of Physical Education", Parkash Brothers, Ludhiana. (2000).
- Bucher Olsen and Willgoose "The Foundation of Health" Prentice Hall inc.Englewood Cliffs,New Jersey,(1976).
- Turner S and Smith "School Health and Health Education" The C.V. Mos by Company St.Louis (1961).
- Singh Ajmer et.al. "Modern Text Book of Physical Education, Health and Sports", Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., "Anatomy and Physiology for Nurses"Oxford University Press. New Delhi (2003).
- Verma K.K., "Health & Physical Education" Parkash Brothers, Ludhiana (2005).
- Mathews D.K. & Fox D.K "The Physiological basis of Physical Education and Sports, 2nd .Philadelphia.K.B.Sanuders & Co., (1996).
- Sharma, V.K, "Health & Physical Education" Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. "An introduction to Health and Physical Education 21<sup>st</sup> century" Patiala (2008).
- Singh Ajmer et. al. "Olympic Movement" Kalyani Publishers, Ludhiana, (2000).

### **Instructions for Paper- Setter:**

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit V<sup>th</sup> will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

### **Instructions for Candidates**

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

### **B.A. -6<sup>th</sup> Semester (Health & Physical Education) (From Session 2016-17)**

**Time- 3 hours**

**Theory- 60 Marks  
(Internal Assessment- 15 marks)**

#### **Unit-1 Concept of Motivation and Socialization**

1. Meaning and definition of motivation.
2. Types of motivation and importance of motivation in sports.
3. Meaning of Socialization and Socialization through sports.
4. Effect of social behavior on performance of sports person.

#### **Unit- II Concept of Sports Training and Doping**

1. Meaning and definition of sports training
2. Factors affecting sports training
3. Types of sports training: Circuit training, Interval Training and Continuous Training
4. Doping: Meaning, types and its effects on health.

#### **Unit – III Concept of Sports Biomechanics**

1. Meaning and definition of sports biomechanics
2. Importance of Biomechanics in Sports
3. Newton's Laws of motion and their application in sports
4. Levers: Meaning, types and their application in Sports

#### **Unit – IV Anatomy and Physiology**

1. Organs of Digestive System
2. Structure of Digestive System
3. Mechanism of food digestion
4. Effects of exercise on Digestive System.

### **Text Books and References**

- Kamlesh & Sangral, "Principles & History of Physical Education", Parkash Brothers, Ludhiana. (2000).
- Dick F "Sports Training Principles" .London Lepus Book, (1980).
- Desch and Burk "knesiology and applied Anatomy", 2nd ed.lee and Febiger, (1963).
- Show D, "Kinesiology' Friends Publications, New Delhi, (2001).
- Singh Ajmer et.al. "Modern Text Book of Physical Education, Health and Sports", Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., "Anatomy and Physiology for Nurses"Oxford University Press. New Delhi (2003). .
- Verma K.K., "Health & Physical Education" Parkash Brothers, Ludhiana (2005).
  
- Mathews D.K. & Fox D.K "The Physiological basis of Physical Education and Sprots, 2nd .Philadelphia.K.B.Sanuders & Co., (1996).
- Sharma, V.K, "Health & Physical Education" Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. "An introduction to Health and Physical Education 21<sup>st</sup> century" Patiala (2008).
- Singh Ajmer et. al. "Olympic Movement" Kalyani Publishers, Ludhiana, (2000).

**B.A. – 5<sup>th</sup> and 6<sup>th</sup> Semester (Practical)**  
**(Health & Physical Education)**  
**(From Session 2016-17)**

**Maximum Marks- 50**

- |   |                 |
|---|-----------------|
| <b>1. Pranayam:</b>   | <b>10 Marks</b> |
| a) Bhramari    b) Anulom Vilom    c) Kapal Bhati  |                 |
| <b>2. Any one Game of the following</b>   | <b>10 Marks</b> |
| (Ground Specifications, General rules and General Skill)  |                 |
| a) Volleyball                      b) Hockey                      c) Judo/Boxing/Wrestling/Self-defense tactics |                 |
| <b>3. Tying of different types of Bandages and Arm Slings.</b>  | <b>10 Marks</b> |
| <b>4. First Aid</b>   | <b>10 Marks</b> |
| (First aid for different injuries and circumstances, items of First aid box and their uses)                     |                 |
| <b>5. Viva – Voce and Practical file</b>  | <b>10 Marks</b> |



**B.A.-VI Sem. Practical Exam 17,18&19-4-2017**

**FORWARDING MEMO. FOR PRACTICAL AWARD LIST**

The Memo must be filled in by the Examiners in Practical and forwarded

alongwith their award list and the attendance charts, so that the payment is not delayed

Centre of Examination I.G.N. COLLEGE, LADWA (KKR)  
 (In case the examiner is to conduct exam at more than one center, he may prepare and send to this office separate forwarding Memo's for each (Centre))

Examiner's Serial Number given with the center of exam. in the programme chart for practical exam

Name of examination : B.A. - II Semester  
 Subject: Health & Physical Education Practical: Practical  
 Date on which result submitted to the Assistant Registrar (Secrecy) 19/4/2017  
 Total No. of candidates examined = 105

Roll Nos. of candidates actually examined by the examiner:

Date Session Roll No.  
 17/4 M 6331502, 514, 522, 523, 528, 561, 563, 565, 566, 568, 577  
 E 6331587, 588, 589, 589, 587, 590, 592, 594, 596, 604, 12, 14, 15, 17  
 18/4 M 6331528, 628, 632, 638, 646, 647, 649, 660, 663, 663  
 E 6331666, 667, 673, 676, 679, 685, 693, 701, 702  
 19/4 M 6331704, 705, 710, 712, 714, 716, 732, 740, 742, 749, 75, 82  
 E 6331804, 807, 809, 832, 833  
 Total = 63 Sixty three

Roll Nos. of ABSENTEES:

Date Session Roll No.  
 17/4 (M) 6331501, 03, 05, 11, 37, 38, 53, 55, 57, 56, 7  
 E 6331570, 572, 572, 78, 84, 591, 603, 610  
 18/4 M 6331608, 634, 635, 640, 648, 654, 655, 666, 658, 665  
 E 6331608, 675, 681, 684, 686, 687, 691, 694, 695, 703  
 19/4 M 6331709, 711, 715, 718  
 E 6331834  
 Total = 42 fortytwo

Candidates who were absent and have been shown as such against their Roll Nos. in the attached award list.

(Full Signatures of Examiner or Examiners, as the case may be)

\*Name and Full address Dr. Balbir Singh  
 (in capital letters) Gout. College  
Safidan (Jind)

Dated : 19/4/17

Examiner's Serial No. as shown in the Programme Chart for Practical Exam

**KURUKSHETRA UNIVERSITY, KURUKSHETRA**  
 (Established by the state legislature act XII of 1956)  
**B.A. I<sup>st</sup> Year (II<sup>nd</sup> Semester) EXAMINATION, April, 2017**

**PRACTICAL ATTENDANCE CHART**

Chart for Preparing list of each group for practicals in science and other subjects.  
 Centre for Written Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**  
 Centre for Practical Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**  
 Subject: **Health & Physical Education** Date:  
 Group: **I<sup>st</sup> & II<sup>nd</sup>** Time: **09:00 am onward**

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
1	6331501	ABSENT	ABSENT
2	6331502	Ravinder Laller	Ravinder Laller
3	6331503	ABSENT	ABSENT
4	6331505	ABSENT	ABSENT
5	6331511	ABSENT	ABSENT
6	6331514	Rajesh Kumar	Rajesh Kumar
7	6331522	Pavnech Kumar	Pavnech Kumar
8	6331523	Sunder Kumar	Sunder Kumar
9	6331528	M Singh	M Singh
10	6331537	ABSENT	ABSENT
11	6331538	ABSENT	ABSENT
12	6331553	ABSENT	ABSENT
13	6331556	ABSENT	ABSENT
14	6331557	ABSENT	ABSENT
15	6331561	Ankit Kumar	Ankit Kumar
16	6331563	Rouziar	Rouziar
17	6331565	Rohit	Rohit
18	6331566	Rahul Saini	Rahul Saini
19	6331567	ABSENT	ABSENT
20	6331568	Ratan Kumar	Ratan Kumar
21	6331570	ABSENT	ABSENT
22	6331572	ABSENT	ABSENT

Total number of Candidates allotted by Principal 10

Total No. of Candidates examined by the the Examiner 10 Ten.

Total no. of Candidates absent in the Practical Examination 12 Twelve

Signature of Principal  
 Address

Signature of Practical Examiner Dr. Balbir Singh  
 Address Gout. College, Safidan

Signature & Address of the co-examiner (if any) Dr. Kuldeep Singh  
I.G.N. College, Ladwa(Kurukshetra)

( To be sent to the Deputy/Asstt. Registrar (secrecy) along with award list in the confidential envelop(ES-(42)(5) )

KURUKSHETRA UNIVERSITY, KURUKSHETRA  
(Established by the state legislature act XII of 1956)  
B.A. I<sup>st</sup> Year (II<sup>nd</sup> Semester) EXAMINATION, April, 2017

2/5

**PRACTICAL ATTENDANCE CHART**

Chart for Preparing list of each group for practicals in science and other subjects.  
Centre for Written Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**  
Centre for Practical Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**  
Subject: **Health & Physical Education** Date: \_\_\_\_\_  
Group: **I<sup>st</sup> & II<sup>nd</sup>** Time: **9:00 am onward**

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
23	6331578	ABSENT	ABSENT
24	6331583	Pardeep	Pardeep
25	6331584	ABSENT	ABSENT
26	6331585	Ajay Kumar	Ajay Kumar
27	6331586	Amit Kumar	Amit Kumar
28	6331587	Sumit	Sumit
29	6331590	Himanshu Sharma	Himanshu Sharma
30	6331591	ABSENT	ABSENT
31	6331592	Deepek	Deepek
32	6331594	Suzi K. Singh	Suzi K. Singh
33	6331596	Khushpreet Singh	Khushpreet Singh
34	6331605	ABSENT	ABSENT
35	6331606	Amit Kumar	Amit Kumar
36	6331610	ABSENT	ABSENT
37	6331612	Ranul	Ranul
38	6331614	Talbeer Kaur	Talbeer Kaur
39	6331615	Amit Kumar	Amit Kumar
40	6331617	Sandeep Kumar	Sandeep Kumar
41	6331618	ABSENT	ABSENT
42	6331626	Goopal	Goopal
43	6331628	Ashish Prata	Ashish Prata
44	6331631	ABSENT	ABSENT

Total number of Candidates allotted by Principal **(15)**

Total No. of Candidates examined by the Examiner **(15) Fifteen.**

Total no. of Candidates absent in the Practical Examination **(02) Seven.**

Signature of Principal  
Address \_\_\_\_\_

Signature of Practical Examiner  
Address \_\_\_\_\_

Signature & Address of the co-examiner (if any) **Dr. Kuldeep Singh**  
I.G.N. College, Ladwa(Kurukshetra)

( To be sent to the Deputy/Asstt. Registrar (secrecy) along with award list in the confidential envelop(ES-(42)(5) )

KURUKSHETRA UNIVERSITY, KURUKSHETRA  
(Established by the state legislature act XII of 1956)  
B.A. I<sup>st</sup> Year (II<sup>nd</sup> Semester) EXAMINATION, April., 2017

3/5

**PRACTICAL ATTENDANCE CHART**

Chart for Preparing list of each group for practicals in science and other subjects.  
Centre for Written Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**  
Centre for Practical Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**  
Subject: **Health & Physical Education** Date: \_\_\_\_\_  
Group: **III<sup>rd</sup> & IV<sup>th</sup>** Time: **9:00 am onward**

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
45	6331633	Sachin	Sachin
46	6331635	ABSENT	ABSENT
47	6331638	Gaurav Saini	Gaurav Saini
48	6331640	ABSENT	ABSENT
49	6331646	Ashray	Ashray
50	6331647	Amit Kumar	Amit Kumar
51	6331648	ABSENT	ABSENT
52	6331649	Harminder	Harminder
53	6331654	ABSENT	ABSENT
54	6331655	ABSENT	ABSENT
55	6331656	ABSENT	ABSENT
56	6331658	ABSENT	ABSENT
57	6331660	Ranul	Ranul
58	6331662	Simpre	Simpre
59	6331663	Harnam Singh	Harnam Singh
60	6331665	ABSENT	ABSENT
61	6331666	Shubham	Shubham
62	6331667	Rashab Saini	Rashab Saini
62	6331668	ABSENT	ABSENT
64	6331673	Yashbir	Yashbir
65	6331675	ABSENT	ABSENT
66	6331676	Gurdeep Singh	Gurdeep Singh

Total number of Candidates allotted by Principal **(12)**

Total No. of Candidates examined by the Examiner **(12) Twelve**

Total no. of Candidates absent in the Practical Examination **(10) Ten**

Signature of Principal  
Address \_\_\_\_\_

Signature of Practical Examiner  
Address \_\_\_\_\_

Signature & Address of the co-examiner (if any) **Dr. Kuldeep Singh**  
I.G.N. College, Ladwa(Kurukshetra)

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**KURUKSHETRA UNIVERSITY, KURUKSHETRA**  
(Established by the state legislature act XII of 1956)  
**B.A. I<sup>st</sup> Year (II<sup>nd</sup> Semester) EXAMINATION, April., 2017**

4/5

**PRACTICAL ATTENDANCE CHART**  
Chart for Preparing list of each group for practicals in science and other subjects.  
Centre for Written Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**  
Centre for Practical Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**  
Subject: **Health & Physical Education** Date: \_\_\_\_\_  
Group: **IV<sup>th</sup> & V<sup>th</sup>** Time: **9:00 am onward**

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
67	6331679	Gaunav Kumari	Gaunav Kumari
68	6331681	Absent	Absent
69	6331684	Absent	Absent
70	6331685	Ankush Saini	Ankush Saini
71	6331686	Absent	Absent
72	6331687	Absent	Absent
73	6331691	Absent	Absent
74	6331693	Sagar	Sagar
75	6331694	Absent	Absent
76	6331695	Absent	Absent
77	6331701	Aman Kumar	Aman Kumar
78	6331702	Raman Kumar	Raman Kumar
79	6331703	Absent	Absent
80	6331704	Harshdeep Singh	Harshdeep Singh
81	6331705	Ankush Kumar	Ankush Kumar
82	6331709	Absent	Absent
83	6331710	Sajan Kumar	Sajan Kumar
84	6331711	Absent	Absent
85	6331712	Vijay Kumar	Vijay Kumar
86	6331714	Suzoinder	Suzoinder
87	6331715	Absent	Absent

Total number of Candidates allotted by Principal **(10)**

Total No. of Candidates examined by the the Examiner **(10) Ten**

Total no. of Candidates absent in the Practical Examination **(1) Eleven**

Signature of Principal  
Address \_\_\_\_\_

Signature of Practical Examiner  
Address \_\_\_\_\_

Signature & Address of the co-examiner (if any) **Dr. Kuldeep Singh**  
**I.G.N. College, Ladwa(Kurukshetra)**

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**KURUKSHETRA UNIVERSITY, KURUKSHETRA**  
(Established by the state legislature act XII of 1956)  
**B.A. I<sup>st</sup> Year (II<sup>nd</sup> Semester) EXAMINATION, April, 2017**

5/5

**PRACTICAL ATTENDANCE CHART**  
Chart for Preparing list of each group for practicals in science and other subjects.  
Centre for Written Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**  
Centre for Practical Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**  
Subject: **Health & Physical Education** Date: \_\_\_\_\_  
Group: **V<sup>th</sup> & VI<sup>th</sup>** Time: **9:00 am onward**

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
88	6331716	Gagan	Gagan
89	6331717	A. Preet	A. Preet
90	6331718	Absent	Absent
91	6331722	Rajal	Rajal
92	6331740	Ritu	Ritu
93	6331742	Nisha	Nisha
94	6331749	Neezu Devi	Neezu Devi
95	6331754	Renu Devi	Renu Devi
96	6331755	Preeti Devi	Preeti Devi
97	6331762	Priyanka	Priyanka
98	6331768	Lovepreet	Lovepreet
99	6331798	Sudesh	Sudesh
100	6331804	Manjeet-Kaur	Manjeet-Kaur
101	6331807	Anu Devi	Anu Devi
102	6331809	Kavita	Kavita
103	6331832	Sneha	Sneha
104	6331833	HARDEV SINGH	Hardev Singh
105	6331838	Absent	Absent

Total number of Candidates allotted by Principal **(16)**

Total No. of Candidates examined by the the Examiner **(16) Sixteen only**

Total no. of Candidates absent in the Practical Examination **(2) Two**

Signature of Principal  
Address \_\_\_\_\_

Signature of Practical Examiner  
Address **Dr. Balbir Singh**  
**Gout. College, Sabidran**

Signature & Address of the co-examiner (if any) **Dr. Kuldeep Singh**  
**I.G.N. College, Ladwa(Kurukshetra)**

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