

Scheme of Examination for Health and Physical Education
From Session 2014-15 (B.A. 1st to 6th Semester)

Semester	Theory Marks	Internal Assessment	Time	Practical Marks	Total	W.E. From Session	Exam to be Conducted
1 st	60	15	3 hours	--	75	2014-15	Dec. 2014
2 nd	60	15	3 hours	50	125	2014-15	May 2015
3 rd	60	15	3 hours	--	75	2015-16	Dec. 2015
4 th	60	15	3 hours	50	125	2015-16	May 2016
5 th	60	15	3 hours	--	75	2016-17	Dec. 2016
6 th	60	15	3 hours	50	125	2016-17	May 2017
Total	360	90		150	600		

The above New Scheme of examination was approved and will be implemented for **Health and Physical Education in B.A. in the following sessions:**

1st and 2nd Semester w.e.f. Session 2014-15

3rd and 4th Semester w.e.f Session 2015-16

5th and 6th Semester w.e.f. Session 2016-17

Note: The students appearing in the 3rd Semester Exams in Dec. 2014, 4th Semester exams in April/May 2015, 5th Semester Exams in Dec. 2015 and 6th Semester exams in April/May 2016 **will follow the old scheme approved in 2013-14.** The practical examination of these students will be conducted with following pattern:

3rd and 4th Semester Practical will be conducted together in 4th semester (April/May2015)

5th and 6th Semester Practical will be conducted together in 6th semester (April/May 2016)

Work Load for teaching the Physical Education as an optional subject in B.A. will be as under:

- **Six Periods per Week for each class (*Four theories and two practical*).**
- **Strength of students in practical class shall not exceed 25 students per group in any case.**
- **Keeping the view nature of practical and climatic conditions, it is recommended that all the practicals must be conducted before the theory exams in all even semesters.**

Instructions for Paper- Setter:

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit Vth will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

Instructions for Candidates

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

B.A. -1st Semester (Health & Physical Education) (From Session 2014-15)

Time- 3 hours

**Theory- 60 Marks
(Internal Assessment- 15 Marks)**

Unit - 1: Introduction to Physical Education-

1. Meaning, definition and scope of Physical Education.
2. Relationship of Physical Education with General Education
3. Aim, Objectives and Importance of Physical Education in modern society.
4. Misconceptions regarding Physical Education

Unit- II: Health & Hygiene

1. Meaning, definition and importance of Health.
2. Factors influencing Health.
3. Meaning and importance of Personal Hygiene
4. Hygiene of various body parts and Factors influencing Personal Hygiene

Unit- III: Introduction to Yoga

1. Yoga - Meaning, Concept and Historical development
2. Types of Yoga
3. Importance of yoga in healthy living
4. Pranayam - Meaning, types and their benefits.

Unit- IV: Introduction to Human Anatomy and Physiology

1. Meaning and definition of Human Anatomy and Physiology
2. Importance of Human Anatomy and Physiology in Physical Education
3. Definition of Cell, Tissue, Organ and System
4. Structure and Properties of Cell

Text Books and References

- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana,(2010).
- Sharma, V.K., “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21st century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Sharma, V.K., “ Yog Shiksha” Saraswati House Pvt.Ltd. Daryaganj, New Delhi (2011)
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000)
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press.New Delhi, (2003). .
- Iyengar, B.K.S. “Light on life” Oxford, Pan Macmillan Ltd. (2005).
- Iyengar, B.K.S. “The Tree of Yoga” New Delhi, Harper Collins. (2009).
- Verma, K.K., “Health & Physical Education” Parkash Brothers, Ludhiana.(2005).

Instructions for Paper- Setter:

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit Vth will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

Instructions for Candidates

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

B.A. -2nd Semester (Health & Physical Education) (From Session 2014-15)

Time- 3 hours

**Theory- 60 Marks
(Internal Assessment- 15 Marks)**

Unit – I Introduction to Health Education

1. Definition, Aim, Objectives and Scope of Health Education.
2. Importance of Health Education in modern society
3. First Aid: Meaning, Aim, Objectives and General Principles of First Aid.
4. First Aid for Common injuries - Bleeding, Burns, Electric Shock, Drowning and Snake Bite

Unit –II Historical Prospects of Physical Education

1. Pre-independence and Post – independence historical development of Physical Education in India.
2. Role of IOA, SAI, NSNIS and YMCA in the development of Physical Education and Sports in India.
3. Sports Policy of Haryana State
4. National Sports Policy

Unit II Introduction to Physical Fitness

1. Meaning, definition and importance Physical Fitness
2. Components and Principles of Physical Fitness
3. Factors influencing of Physical Fitness.
4. Meaning of Isometric, Isotonic and Isokinetic exercises

Unit IV Introduction to Human Anatomy and Physiology

1. Anatomy of Human Bone
2. Types and Function of bones in Human Body
3. Meaning and types of joints in Human Body.
4. Types of synovial joints in Human Body

Text Books and References

- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi.(2013).
- Kamlesh & Sangral,,” Methods in Physical Education” Parkash Brothers, Ludhiana(2000).
- Bucher Olsen and Willgoose; “The Foundation of Health” Prentice Hall inc.Englewood Fliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Loius (1961).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana,(2010).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21st century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000)
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press.New Delhi, (2003). .
- Verma, K.K., “Health & Physical Education” Parkash Brothers, Ludhiana.(2005).

B.A. – 1st and 2nd Semester (Practical)
(Health & Physical Education)
(From Session 2014-15)

Maximum Marks- 50

- | | |
|--|----------------------|
| 1. Any one game
(With ground specifications, general rules and general skills)
1. kho - kho 2. Badminton 3. Cricket | 10 Marks |
| 2. Name and identification of bones in Human Body | 10 Marks |
| 3. Athletics:
Shot Put (Measurements & Basic Techniques)
Types of Starts - Crouch Start and standing starts (Basic Technique) | (10+10) Marks |
| 4. Viva – Voce and Practical File | 10 Marks |

Instructions for Paper- Setter:

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit Vth will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

Instructions for Candidates

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

B.A. -3rd Semester (Health & Physical Education) (From Session 2015-16)

Time- 3 hours

**Theory- 60 Marks
(Internal Assessment- 15 marks)**

Unit- 1 Concept of Safety Education

1. Meaning, need and importance of Safety Education
2. Sports Injuries: Types and causes
3. Principles for prevention of sports Injuries.
4. General treatment for common sports injuries i.e Abrasion, Contusion, Sprain , Strain, Fracture and Dislocation of joints

Unit –II Common Diseases

1. Meaning of Communicable and Non – Communicable diseases
2. Modes of transmission, prevention and control of communicable diseases.
3. Common diseases: HIV/ AIDS, Hepatitis, Dengue, Typhoid, Malaria and Influenza.
4. Allergy related diseases: Asthma and Sinuses

Unit – III Concept of Balanced Diet

1. Balanced Diet: Meaning and importance
2. Components of balanced diet and their sources
3. Factors affecting balanced diet
4. Harmful effects of Junk Food

Unit –IV Anatomy and Physiology of Body System

1. Circulatory System: Structure of Heart
2. Functioning of Heart
3. Types of Circulation: Systemic and Pulmonary
4. Effects of exercise on Circulatory System.

Text Books and References:

- Mathews D.K.& Fox D.K “The Physiological basis of Physical Education and Sprots,2nd .Philadelphia.K.B.Sanuders & Co.,(1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd . Daryagani, New Delhi.(2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21st century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana.(2000).
- Bucher Olsen and Willgoose “The Foundation of Health” Prentice Hall inc.Englewood Fliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Loius (1961).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press. New Delhi (2003). .
- Verma K.K., “Health & Physical Education” Parkash Brothers, Ludhiana (2005).

Instructions for Paper- Setter:

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit Vth will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

Instructions for Candidates

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

B.A. - 4th Semester (Health & Physical Education) (From Session 2015-16)

Time- 3 hours

**Theory- 60 Marks
(Internal Assessment- 15 marks)**

Unit-1 Warming Up and Cooling Down:

1. Meaning, types and significance of warming up
2. Meaning, types and significance of cooling down.
3. Methods of warming up and cooling down.
4. Physiological aspects of warming up and cooling down

Unit –II Psychological aspects of Physical Education:

1. Meaning of Psychology and sports Psychology
2. Need and importance of sports psychology
3. Learning: meaning and laws
4. Learning curve

Unit –III Major Sports Events

1. Ancient Olympic Games
2. Modern Olympic Games
3. Asian Games
4. Common Wealth Games

Unit - IV Anatomy and Physiology of Human Body System

1. Structure of Respiratory Organs.
2. Physiology of respiratory System.
3. Effect of exercise on respiratory System
4. Terminology of respiration: Tidal Volume, Residual Volume and Total Lung Capacity.

Text Books and References

- H.H. Clark & D.H. Clark: Development and adopted physical education, Englewood cliffs, New Jersey, Prentice Hall, 1987.
- Mathews D.K. & Fox D.K “The Physiological basis of Physical Education and Sprots, 2nd .Philadelphia. K .B. Sanuders & Co., (1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21st century” Patiala (2008).
- Singh, Ajmer et. Al.” Olympic Movement”Kalyani Publishers, Ludhiana, (2000).
- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana (2000).
- Mangal, S.K.,”Psychology for Physical Education” Parkash Brothers, Ludhiana (2008).
- Kamlesh & Sangral,” Methods in Physical Education” Parkash Brothers, Ludhiana (2007).
- Jensen Fisher:9 “Scientific Basis of Athletic Conditioning” Philadelphia, Lee and Febiger (1975).

B.A. – 3rd and 4th Semester (Practical)
(Health & Physical Education)
(From Session 2015-16)

Maximum Marks- 50

- | | |
|--|------------------------|
| 1. Measurement of Body Mass Index | 10 Marks |
| (Normal Range of B.M.I for Children, Women and Men) | |
| 2. Any one Game of the following: | 10 Marks |
| (With ground specifications, general rules and general skills) | |
| 1. Basketball 2. Foot ball 3. Kabaddi | |
| 3. Athletics: | (10 + 10) Marks |
| Discus throw and Long Jump | |
| (Specifications, general rules and general skills) | |
| 4. Viva – Voce and Practical File | 10 Marks |

Instructions for Paper- Setter:

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit Vth will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

Instructions for Candidates

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

B.A. -5th Semester (Health & Physical Education) (From Session 2016-17)

Time- 3 hours

**Theory- 60 Marks
(Internal Assessment- 15 marks)**

Unit -I Growth & Development

1. Meaning and definition of Growth and Development
2. Stages of Growth and Development.
3. Principles and factors influencing growth and development
4. Age and sex difference in relation to physical activities and sports

Unit – II Concept of Sports Organization and Administration

1. Meaning and importance of organization and administration in Physical Education and Sports
2. Principles of sports organization and administration
3. Organization and administration of Intramural and Extramural activities
4. Tournaments and their types (League and Knock out)

Unit – III Concept of Posture

1. Meaning of posture and importance of good posture
2. Causes of poor posture
3. Symptoms and causes of Postural Deformities: Lordosis, Kyphosis, Scoliosis, Flat Feet, Knock Knee and Blow Legs.
4. Precautions and Remedies for postural deformities

Unit-IV Anatomy and Physiology

1. Gross Anatomy of muscle, Types of Muscles in human body
2. Effects of exercise on Muscular System
3. Composition of Human Blood
4. Functions of Blood

Text Books and References

- Kamlesh & Sangral, “Principles & History of Physical Education”, Parkash Brothers, Ludhiana. (2000).
- Bucher Olsen and Willgoose “The Foundation of Health” Prentice Hall inc.Englewood Cliffs,New Jersey,(1976).
- Turner S and Smith “School Health and Health Education” The C.V. Mos by Company St.Louis (1961).
- Singh Ajmer et.al. “Modern Text Book of Physical Education, Health and Sports”, Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., “Anatomy and Physiology for Nurses”Oxford University Press. New Delhi (2003).
- Verma K.K., “Health & Physical Education” Parkash Brothers, Ludhiana (2005).

- Mathews D.K. & Fox D.K “The Physiological basis of Physical Education and Sports, 2nd .Philadelphia.K.B.Sanuders & Co., (1996).
- Sharma, V.K, “Health & Physical Education” Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. “An introduction to Health and Physical Education 21st century” Patiala (2008).
- Singh Ajmer et. al. “Olympic Movement” Kalyani Publishers, Ludhiana, (2000).

Instructions for Paper- Setter:

The question paper will consist of five Units I, II, III, IV and V. Units I, II, III & IV will have two questions from their respective Units of the Syllabus and will carry 10 marks each. Unit Vth will consist of 10 short answer type questions, which will cover the entire syllabus and will carry 2 marks for each question.

Instructions for Candidates

Candidates are required to attempt one question each from Unit I, II, III and IV. Unit - V is compulsory for all.

B.A. -6th Semester (Health & Physical Education) (From Session 2016-17)

Time- 3 hours

**Theory- 60 Marks
(Internal Assessment- 15 marks)**

Unit-1 Concept of Motivation and Socialization

1. Meaning and definition of motivation.
2. Types of motivation and importance of motivation in sports.
3. Meaning of Socialization and Socialization through sports.
4. Effect of social behavior on performance of sports person.

Unit- II Concept of Sports Training and Doping

1. Meaning and definition of sports training
2. Factors affecting sports training
3. Types of sports training: Circuit training, Interval Training and Continuous Training
4. Doping: Meaning, types and its effects on health.

Unit – III Concept of Sports Biomechanics

1. Meaning and definition of sports biomechanics
2. Importance of Biomechanics in Sports
3. Newton's Laws of motion and their application in sports
4. Levers: Meaning, types and their application in Sports

Unit – IV Anatomy and Physiology

1. Organs of Digestive System
2. Structure of Digestive System
3. Mechanism of food digestion
4. Effects of exercise on Digestive System.

Text Books and References

- Kamlesh & Sangral, "Principles & History of Physical Education", Parkash Brothers, Ludhiana. (2000).
- Dick F "Sports Training Principles" .London Lepus Book, (1980).
- Desch and Burk "knesiology and applied Anatomy", 2nd ed.lee and Febiger, (1963).
- Show D, "Kinesiology' Friends Publications, New Delhi, (2001).
- Singh Ajmer et.al. "Modern Text Book of Physical Education, Health and Sports", Kalyani Publishers, Ludhiana (2010).
- Avelin C. Pearce., "Anatomy and Physiology for Nurses"Oxford University Press. New Delhi (2003). .
- Verma K.K., "Health & Physical Education" Parkash Brothers, Ludhiana (2005).

- Mathews D.K. & Fox D.K "The Physiological basis of Physical Education and Sprots, 2nd .Philadelphia.K.B.Sanuders & Co., (1996).
- Sharma, V.K, "Health & Physical Education" Saraswati House Pvt. Ltd. Daryagani, New Delhi. (2013).
- Kang G.S. Deol N.S. "An introduction to Health and Physical Education 21st century" Patiala (2008).
- Singh Ajmer et. al. "Olympic Movement" Kalyani Publishers, Ludhiana, (2000).

B.A. – 5th and 6th Semester (Practical)
(Health & Physical Education)
(From Session 2016-17)

Maximum Marks- 50

- | | |
|---|-----------------|
| 1. Pranayam: | 10 Marks |
| a) Bhramari b) Anulom Vilom c) Kapal Bhati | |
| 2. Any one Game of the following | 10 Marks |
| (Ground Specifications, General rules and General Skill) | |
| a) Volleyball b) Hockey c) Judo/Boxing/Wrestling/Self-defense tactics | |
| 3. Tying of different types of Bandages and Arm Slings. | 10 Marks |
| 4. First Aid | 10 Marks |
| (First aid for different injuries and circumstances, items of First aid box and their uses) | |
| 5. Viva – Voce and Practical file | 10 Marks |

B.A.-II Sem. Practical Exam 17&18-4-2019

I year 2018-19

FORWARDING MEMO. FOR PRACTICAL AWARD LIST
 This Memo must be filled in by the Examiners in Practical and forwarded alongwith their award list and the attendance charts, so that the payment is not delayed
 Centre of Examination I.G.N. COLLEGE, LADWA (KKR) Examiner's Serial Number given with the center of exam. in the programme chart for practical exam B.A.I. year.....
 (In case the examiner is to conduct exam at more than one center, he may prepare and send to this office separate forwarding Memo's for each (Centre).

Name of examination: B.A. I year
 Subject: Health & Physical Education Practical.....
 Date on which result submitted to the Assistant Registrar (Secrecy) 18-4-19
 Total No. of candidates examined = 41
 Roll Nos. of candidates actually examined by the examiner:
 Date Session Roll No.
 17-18-April-19 180068613, 614, 617, 624, 627, 633, 635, 636, 638, 652
 653, 660, 670, 670, 672, 680, 683, 684, 687, 690, 697
 705, 708, 723, 732, 751
 180068755, 757, 764, 778, 779, 800, 809, 809, 811, 820, 821, 823,
 834, 836, 839, 851 (15) Total = (41)
 Roll Nos. of ABSENTEES:
 Date Session Roll No.
 180068609, 623, 628, 643, 673, 680, 681, 685, 705, 717, 709, 721
 180068752, 757, 760, 763, 767, 768, 773, 774, 784, 785, 795
 798, 799, 800, 805, 810, 812, 813, 814, 818, 822, 832, 833, 844, 845
 848, 858
 Total = (45)

Candidates who were absent and have been shown as such against their Roll Nos. in the attached award list.
 (Full Signatures of Examiner or Examiners, as the case may be)
 Name and Full address DR. MAHENDER SINGH
 (in capital letters) M. I. N. College
Rashtreeya
 Dated: 18-4-2019 Examiner's Serial No. as shown in the Programme Chart for Practical Exam

KURUKSHETRA UNIVERSITY, KURUKSHETRA
 (Established by the state legislature act XII of 1956)
B.A. Ist Year (IInd Semester) EXAMINATION, April, 2019

PRACTICAL ATTENDANCE CHART
 Chart for Preparing list of each group for practicals in science and other subjects.
 Centre for Written Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**
 Centre for Practical Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**
 Subject: **Health & Physical Education** Date: 17&18-4-2019
 Group: **I & II** Time: 8:30 am onward

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
1	180068609	ABSENT	ABSENT
2	180068613	Lucky Kumar	Lucky Kumar
3	180068614	Anjali	Anjali
4	180068617	Akshant Babu	Akshant Babu
5	180068623	ABSENT	ABSENT
6	180068624	Manmeet Singh	Manmeet Singh
7	180068627	Sarvil Saini	Sarvil Saini
8	180068628	ABSENT	ABSENT
9	180068633	Kavita	Kavita
10	180068635	Sagati Nupta	Sagati Nupta
11	180068636	Rampy	Rampy
12	180068638	Panas	Panas
13	180068643	ABSENT	ABSENT
14	180068652	Gourav	Gourav
15	180068653	Rohit Kumar	Rohit
16	180068660	Sahil	Sahil
17	180068670	Aashiti - DEVI	Aashiti - DEVI
18	180068671	Ankit Kumar	Ankit Kumar
19	180068672	Deepak Kumar	Deepak Kumar
20	180068673	ABSENT	ABSENT
21	180068678	ABSENT	ABSENT
22	180068679	ABSENT	ABSENT

Total number of Candidates allotted by Principal 15 Total No. of Candidates examined by the the Examiner 15

Total no. of Candidates absent in the Practical Examination 07

Signature of Principal
 Address
 Indira Gandhi National College
 LADWA Dist. Kurukshetra

Signature of Practical Examiner
 Address DR. MAHENDER SINGH

Signature & Address of the co-examiner (if any) Dr. Kuldeep Singh
I.G.N. College, Ladwa(Kurukshetra)

(To be sent to the Deputy/Asstt. Registrar (secrecy) along with award list in the confidential envelop(ES-(42)(5))

KURUKSHETRA UNIVERSITY, KURUKSHETRA
(Established by the state legislature act XII of 1956)
B.A. Ist Year (IInd Semester) EXAMINATION, April, 2019

PRACTICAL ATTENDANCE CHART

Chart for Preparing list of each group for practicals in science and other subjects.
Centre for Written Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**
Centre for Practical Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**
Subject: **Health & Physical Education** Date: **17 & 18 April, 2019**
Group: **I & II** Time: **8:30 am onwards.**

Chart for Preparing list
Centre for Written Ex-
amination
Centre for Practical Ex-
amination
Subject

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
23	180068680	Naveen Mandhan	Naveen Mandhan
24	180068681	ABSENT	ABSENT
25	180068683	Himanshu	Himanshu
26	180068684	VIKAS KUMAR	VIKAS KUMAR
27	180068685	ABSENT	ABSENT
28	180068687	Neha	Neha
29	180068696	Akshay	Akshay
30	180068699	Rahul	Rahul
31	180068700	ABSENT	ABSENT
32	180068701	ABSENT	ABSENT
33	180068705	monika	monika
34	180068708	sonia	sonia
35	180068709	ABSENT	ABSENT
36	180068721	ABSENT	ABSENT
37	180068723	Hemant	Hemant
38	180068725	ABSENT	ABSENT
39	180068732	Sunny	Sunny
40	180068739	ABSENT	ABSENT
41	180068745	ABSENT	ABSENT
42	180068747	ABSENT	ABSENT
43	180068749	ABSENT	ABSENT
44	180068751	Anbush	Anbush

Total number of Candidates allotted by Principal **17**

Total No. of Candidates examined by the the Examiner **17**

Total no. of Candidates absent in the Practical Examination **10+1=11**

Mahender Singh
Signature of Practical Examiner
Address **Dr. MAHENDER SINGH**

Kuldeep Singh
Signature & Address of the co-examiner (if any) **Dr. Kuldeep Singh**
I.G.N. College, Ladwa(Kurukshetra)

Rajendra Singh
Signature of Principal
Address
Principal
Indira Gandhi National College
LADWA Distt. Kurukshetra

KURUKSHETRA UNIVERSITY, KURUKSHETRA
(Established by the state legislature act XII of 1956)
B.A. Ist Year (IInd Semester) EXAMINATION, April, 2019

PRACTICAL ATTENDANCE CHART

Chart for Preparing list of each group for practicals in science and other subjects.
Centre for Written Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**
Centre for Practical Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**
Subject: **Health & Physical Education** Date: **17 & 18 April, 2019**
Group: **III & IV** Time: **8:30 am onwards.**

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
45	180068752	ABSENT	ABSENT
46	180068755	Aman Kumar	Aman Kumar
47	180068757	Kunal	Kunal
48	180068758	ABSENT	ABSENT
49	180068760	ABSENT	ABSENT
50	180068764	Sachin	Sachin
51	180068765	ABSENT	ABSENT
52	180068767	ABSENT	ABSENT
53	180068768	ABSENT	ABSENT
54	180068773	ABSENT	ABSENT
55	180068774	ABSENT	ABSENT
56	180068778	Kajal Sharma	Kajal Sharma
57	180068779	Aakush Chauhan	Aakush Chauhan
58	180068784	ABSENT	ABSENT
59	180068785	ABSENT	ABSENT
60	180068793	ABSENT	ABSENT
61	180068798	ABSENT	ABSENT
62	180068799	ABSENT	ABSENT
62	180068800	ABSENT	ABSENT
64	180068805	ABSENT	ABSENT
65	180068806	Indeep	Indeep
66	180068809	Indeep	Indeep

Total number of Candidates allotted by Principal **7**

Total No. of Candidates examined by the the Examiner **07**

Total no. of Candidates absent in the Practical Examination **15**

Mahender Singh
Signature of Practical Examiner
Address **Dr. MAHENDER SINGH**

Kuldeep Singh
Signature & Address of the co-examiner (if any) **Dr. Kuldeep Singh**
I.G.N. College, Ladwa(Kurukshetra)

Rajendra Singh
Signature of Principal
Address
Principal
Indira Gandhi National College
LADWA Distt. Kurukshetra

KURUKSHETRA UNIVERSITY, KURUKSHETRA
(Established by the state legislature act XII of 1956)
B.A. Ist Year (IInd Semester) EXAMINATION, April, 2019

PRACTICAL ATTENDANCE CHART
Chart for Preparing list of each group for practicals in science and other subjects.
Centre for Written Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**
Centre for Practical Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**
Subject: **Health & Physical Education** Date: **17 & 18 April, 2019**
Group: **III & IV** Time: **8:30 am onwards.**

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
45	180068752	ABSENT	ABSENT
46	180068755	Aman Kumar	Aman Kumar
47	180068757	Kunal	Kunal
48	180068758	ABSENT	ABSENT
49	180068760	ABSENT	ABSENT
50	180068764	Sachin	Sachin
51	180068765	ABSENT	ABSENT
52	180068767	ABSENT	ABSENT
53	180068768	ABSENT	ABSENT
54	180068773	ABSENT	ABSENT
55	180068774	ABSENT	ABSENT
56	180068778	Kajal Sharma	Kajal Sharma
57	180068779	ANKUSH Chauhan	ANKUSH Chauhan
58	180068784	ABSENT	ABSENT
59	180068785	ABSENT	ABSENT
60	180068793	ABSENT	ABSENT
61	180068798	ABSENT	ABSENT
62	180068799	ABSENT	ABSENT
62	180068800	ABSENT	ABSENT
64	180068805	ABSENT	ABSENT
65	180068806	ABSENT	ABSENT
66	180068809	Indeep	Indeep

Total number of Candidates allotted by Principal **7**

Total No. of Candidates examined by the the Examiner **07**

Total no. of Candidates absent in the Practical Examination **15**

Signature of Principal
Principal
Indira Gandhi National College
LADWA Distt. Kurukshetra

Signature of Practical Examiner
Address Dr. MAHENDER SINGH

Signature & Address of the co-examiner
(if any) Dr. Kuldeep Singh
I.G.N. College, Ladwa(Kurukshetra)

(To be sent to the Deputy/Asstt. Registrar (secrecy) along with award list in the confidential

KURUKSHETRA UNIVERSITY, KURUKSHETRA
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B.A. Ist Year (IInd Semester) EXAMINATION, April, 2019

PRACTICAL ATTENDANCE CHART
Chart for Preparing list of each group for practicals in science and other subjects.
Centre for Written Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**
Centre for Practical Examination: **Indira Gandhi National College, Ladwa, Kurukshetra**
Subject: **Health & Physical Education** Date: **17 & 18 April, 2019**
Group: Time: **8:30 am onwards.**

Sr.No.	Roll No.	Signature of the candidate before the Principal	Signature of the candidate before the Practical Examiner
67	180068810	ABSENT	ABSENT
68	180068811	May Kumar	May Kumar
69	180068812	ABSENT	ABSENT
70	180068813	ABSENT	ABSENT
71	180068816	ABSENT	ABSENT
72	180068818	ABSENT	ABSENT
73	180068820	Aman	Aman
74	180068821	Abhi	Abhi
75	180068822	ABSENT	ABSENT
76	180068823	Simranjeet	Simranjeet
77	180068832	ABSENT	ABSENT
78	180068834	Rohit Kumar	Rohit Kumar
79	180068836	Aman Vanshika	Aman Vanshika
80	180068838	ABSENT	ABSENT
81	180068839	Arjan	Arjan
82	180068841	ABSENT	ABSENT
83	180068843	ABSENT	ABSENT
84	180068848	ABSENT	ABSENT
85	180068851	Jitendrapal Singh	Jitendrapal Singh
86	180068858	ABSENT	ABSENT
87			
88			

Total number of Candidates allotted by Principal **08**

Total No. of Candidates examined by the the Examiner **08**

Total no. of Candidates absent in the Practical Examination **12**

Signature of Principal
Principal
Indira Gandhi National College
LADWA Distt. Kurukshetra

Signature of Practical Examiner
Address Dr. MAHENDER SINGH

Signature & Address of the co-examiner
(if any) Dr. Kuldeep Singh
I.G.N. College, Ladwa(Kurukshetra)

(To be sent to the Deputy/Asstt. Registrar (secrecy) along with award list in the confidential envelop(ES-(42)(5))