**Lesson Plan for Academic session 2020-2021**

**Dr. Madhu Gupta, Associate Professor of Home Science**

**Class: B.A 2nd semester: Subject: Health and Hygiene (course no.102)**

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| Months | Topic | Academic Activities |
| April, 2021 | Introduction and relevance of the course, importance of personal hygiene, factors affecting-food habits, cleanliness, exercise and sleep. Water-importance, impurities, sources of contamination and methods of water purification. |  Discussions |
| May, 2021 |  First aid, Infection-types of diseases and their mode of spread, immunity, its type and immunization schedule. | Discussion and revision, assignments |
| June,2021 |  Diseases spread by- insects, ingestion, droplet infection and contact. |  Presentations of assignments and class test  |
| July,2021 | Emerging health problems of women-cancer of breast. Discussions and Revision of the Syllabus, Class tests. | Presentation of Assignments  |
|  | Assignment 1st in May, 2021Class test in June, 2021Assignment 2nd in July, 2021 |  |

**Class: B.A 4th semester: Subject: Clothing and Textiles (course no.202)**

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| Months | Topic | Academic Activities |
| April, 2021 |  Introduction to traditional textiles of India. Fibers-definition, classifications and manufacturing. |  Discussions |
| May, 2021 | Properties of different fibers-cotton, silk, wool and nylon. Soaps, detergent, starches, blues and bleaches. Basic weaves and its variation. | Discussion and revision, assignments |
| June,2021 |  Finishes- different types of finishes, Laundry reagents-acids, alkalis, solvants and absorbants.  |  Presentations of assignments and class test  |
| July,2021 |  Stain removal-classification and methods of removing them. Revision of the Syllabus and Class Tests. | Presentation of Assignments  |
|  | Assignment 1st in May, 2021Class test in June, 2021Assignment 2nd in July, 2021 |  |

**Class: B.A 6th semester: Subject: Human Development (course no.302)**

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| Months | Topic | Academic Activities |
| April, 2021 | Introduction of the Syllabus, Child psychology-definition, aims and objectives |  Discussions |
| May, 2021 |  Learning-meaning, importance, factors affecting and methods. Intelligence-definition and measurement. Personality development. | Discussion and revision, assignments |
| June,2021 |  Play-types, importance of it in childhood, Characteristics of different stages of development-infancy, childhood and adolescence. Expectant mother-signs, discomforts and ill effects of early marriage. Care of newborn infants, Weaning-importance and methods of weaning  |  Presentations of assignments and class test  |
| July,2021 |  Common ailments of childhood-digestive disturbances, skin infection and convulsions. Revision of the Syllabus and Class Tests. | Presentation of Assignments  |
|  | Assignment 1st in May, 2021Class test in June, 2021Assignment 2nd in July, 2021 |  |