

7.2 Best Practices

Upload details of two best practices successfully implemented by the Institution as per NAAC format in your institution website, provide the link

Describe at least two institutional best practices

I: Women Empowerment

1. Title of the Practice: Women Empowerment

2. Objectives of the Practice: (100 words)

There is ample evidence of gender bias in history that exhibits the status of women as underprivileged as compared to men. As our institute is situated in rural vicinity, most of the students belong to conventional patriarchal family structure where females are usually not allowed to participate in decision making. Considering the gender bias prevalent in our society regarding the allocation of various facilities and opportunities for self development, our college organises a number of awareness programmes and activities to enlighten the girl students about their specific rights and opportunities to attain equitable status in all spheres of life.

3. The Context: (150 words)

The genesis of gender disparity lies in patriarchal social set up and a corresponding belief in the superiority of male gender over female which results in a dumb acceptance of injustice against women in society. Women are often deprived of availing various opportunities like—attainment of education, health facilities, freedom of decision making and participation in social and political spheres of life. The objective of women empowerment initiatives is to inculcate among students gender sensitivity and moral responsibility for each citizen without any gender bias. It aims at providing equal allocation of the material, human and intellectual resources which allow women to achieve higher standards of living. Pertaining to the Constitutional doctrine of equality and personal liberty and ensuring the safety and security of female staff members and girl students at the work place, I.G.N. College has constituted the various cells like— Anti-Sexual Harassment Cell, Legal Literacy and Women Cell.

4. The Practice: (400 words)

In order to give a congenial and constructive atmosphere to its employees and students conducive to their holistic development, the college prefers to create an environment based on principles of equality and impartial justice which is devoid of any gender bias and discrimination. The college organises various programmes to achieve this objective. Legal literacy and Anti-Sexual harassment cell of the college organized a campaign in association with DLSA (District Legal Services Authority) Kurukshetra to ensure the safety and security of students in the college campus against perils of ragging and sexual harassment on 13 September, 2019. The women cell of the college organised a seminar on “Self Defence of women: Need of the hour” on 28th September 2019, concerning the issue of security of girl students of the college, thereby instilling in them a sense of courage for self defence. Women Cell of the college organised a seminar on “Hygiene and Sanitation” on 4th October 2019 to create awareness among the females regarding issues of health and hygiene. Legal literacy

and Anti-Sexual harassment cell of the college organized an awareness rally on 12th October, 2019, in village Dhanora, to make the female residents of the village aware about the menace of drug addiction, domestic violence, eve-teasing and the movement of *beti bachaao, beti padhaao*. Legal literacy Cell organized a lecture in the college on “Women Law and Society” in collaboration with Bharat College of Law, Prahladpur on 6th March, 2020, to acquaint the students with laws related to women and the provisions of punishment under IPC for crimes against women. Legal Literacy Cell and Women Cell jointly organized a webinar on “Domestic Violence: A legal perspective” on 23rd May 2020 to acquaint the girl students with their legal rights about sustaining their self esteem, physical and psychological security against any kind of domestic violence. The women cell organized an essay writing competition on Stress Management and Role of Women Self-help groups in COVID-19 on 31st May, 2020, to develop the stress management skills of girl students during the pandemic period. Legal literacy Cell and Women Cell organized an online quiz competition for college students on “Domestic Violence during Lockdown Period of COVID-19” on 23rd June 2020. The objective of the programme was to make the students learn how to sustain the psychological pressures of the unprecedented situation of pandemic crisis without indulging in violent behaviour.

5. Evidence of Success: (200 words)

After a thorough discussion about the relevance and advantages of the programmes related to health and hygiene, self defence and legal rights of women, it was observed by the women cell that the execution of such awareness programmes invested the girl students with a sense of self confidence and moral courage to face the challenges of life.

An online feedback was taken from 45 participants of various activities related to women empowerment to assess their responses on the efficacy of various programmes and activities like—remedies for gender bias against females; menace of drug addiction, domestic violence and eve-teasing; laws related to women and the provisions of punishment under IPC for crimes against women; viewing domestic violence from legal perspective; benefits of learning self defense skills for women; value of maintaining hygiene and sanitation; importance of learning stress management skills and realizing the worth of mutual co-operation in a state of crisis. The feedback received from the students resulted in the following outcome: Most of the students (70% to 89%) agree that they are highly benefitted from the programmes and activities; few students (2% to 9%) express their disagreement whereas some students (6% to 23%) are not sure.

6. Problems Encountered and Resources Required: (150 words).

The activity in charges of various programmes encountered certain problems during the execution of these programmes. One of the issues was to make the girl students believe in the successful execution of their rights, despite all their legal awareness, in a social setup still governed by the orthodox conventions of patriarchal psyche. Some of the girl students revealed that in their social setup women are still not granted the right of exercising their freedom of thought and action to take important decisions for themselves and their families. Another problem was the dearth of financial resources. All positive efforts and enthusiastic participation of in-charges of various activities is likely to fail in the absence of requisite financial assistance for the successful completion of such programmes. The various cells of

the college play a constructive role in the development of institute provided they receive the requisite help to accomplish their objectives.

II Value inculcation and Environmental Protection Initiatives

1. Title of the Practice: Value inculcation and Environmental Protection Initiatives.

2. Objectives of the Practice:

“Man has learnt to fly like a bird, swim like a fish but he has not learnt to live as a human being”. Dr. Sarvepalli Radhakrishnan

Today man has achieved tremendously in economic, political, scientific, cultural and technical fields, but has failed to enrich his values. Therefore it is very essential to inculcate social and environmental values among students. The main objective of this best practice is to develop good moral character and inculcate honesty, fair play, cooperation, obedience, good citizenship, upholding the law and generate environmental awareness to protect and preserve environmental resources..

3. The Context:

According to the Father of Nation M.K. Gandhi, ‘If wealth is lost nothing is lost, If health is lost something is lost and if character is lost then everything is lost’.

In this context, HEI can play a vital role to inculcate the values. Values can be classified into two major categories - interpersonal and intrapersonal values. While intrapersonal values are very much concerned with individual and interpersonal values are mainly societal. The values make the personality of the person and decide the growth of the individual, family, society, nation and humanity. In the present era of globalization, multicultural and multi-racial society, it is very important for young people to give importance to human values.

4. The Practice:

Our College takes various initiatives to inculcate values and create environmental awareness among students by engaging them in various social and other activities:

➤ A number of awareness programs were organized:

1. Celebration of birth and commemoration of death anniversaries of Leaders, Educationists and Philanthropists so that the students get inspiration from their lives and learn the importance of human values viz. birth anniversary of Sardar Vallabh Bhai Patel by organizing 'Run for Unity' and death Anniversary of Smt. Indira Gandhi, former Prime Minister of India on October 31, 2019. The 150th birth anniversary of Mahatma Gandhi was celebrated with the theme of a 'clean and plastic free campus'.
2. An awareness program on National Voluntary Blood Donation day on October 1, 2019 and Blood Donation camp on January 24, 2020 were organized to create awareness among the students about health benefits of blood donation for the donors as well as the recipients. This kind of endeavour motivates the students to develop an altruistic concern for others and makes them realise the value of being a responsible human being.
3. The college NSS unit organized the seven days special camp at village Dhanora to spread awareness about environmental issues, hygiene, cleanliness and rallies on social issues like Beti Bacho Beti Padhao abhiyan during December 23-30, 2019.
4. On the foundation day of the college (January 24, 2020) Havan and Bhandara (Community Lunch) were organized in the college premises. It inculcates the feeling of equality among students and staff irrespective of caste, creed and religion.
5. Voters' Day was celebrated to inform the students for their voting rights on January 25, 2020.
6. A lecture on 'Fundamental Duties' was held on January 11, 2020 to enlighten the students about their Fundamental Duties and Responsibilities to be a good citizen.
7. NCC cadets hold a cycle rally on February 01, 2020 in Grain Market, Ladwa to create awareness for Beti Bachao Beti Padhao, Road Safety and against Drugs Addiction.
8. A workshop on 'Traffic rules' was organized to enlighten the students about the traffic rules on September 28, 2019.
9. In order to revive the Haryanvi Culture among the society a three days folk theatre Saang Mahotsav was organized at Village-Mathana from February 25-27, 2020. A considerable number of villagers participated, relished and appreciated the programme.

- A mega tree plantation drive was launched in August 2019 in which 500 saplings were planted in the campus.
- A Quiz Competition was organised on the occasion of "World Ozone Layer Conservation Day" on September 16, 2019.
- No fee is being charged for cycle parking from the students. It motivates them to come by cycle.
- Leaf collectors were installed in the college campus to keep the college campus neat and clean.

5. Evidence of Success:

A structured feedback was taken at the end of the year regarding Green and Eco-friendly College campus. 90 percent of students responded that our College campus is green and well maintained. 91 percent of students agreed that the activities conducted by NSS and NCC units of the college to develop leadership skills of students are sufficient. A thorough discussion with the students regarding the relevance and advantages of the above mentioned activities revealed that most of the students felt enriched and enthralled by the valuable information and knowledge they received through these programmes. By holding the blood donation camp in the college premises, doubts and myths of the students about blood donation are cleared. By holding NSS one day and seven day camps the importance of cooperation, sympathy, empathy and dignity of labour were inculcated among the students. The students who participated in the sanitation, cleanliness campaign acknowledged the importance of this programme in creating health awareness among female villagers. The Mega tree plantation drive has improved the environment of the college campus. A good number of students got voter cards after applying for the same. By arranging Saang Mahotsav in the vicinity of the college, the students got ample opportunities for recreation and to learn the ethics and social values of rural areas.

6. Problems Encountered and Resources Required:

Remembering that the "Values are caught, not taught". We know that human life is also influenced by heredity and values acquired from the environment. If all factors are viewed and analyzed, we can infer that College alone cannot meet out this responsibility. It also needs the support of the society. Another significant problem was the dearth of financial resources to execute the various tasks. Providing funds to match students' enthusiasm was not

always an easy task. Two more gardeners were deputed to take care of the newly planted saplings. Organising these activities in the midst of a hectic academic schedule was a problem itself. It is also a challenge to maintain the motivation level and ensure the involvement of students in some of these activities.